Tampon Tuesday

Menstrual hygiene products for those in need, **Period**.

Menstrual hygiene products are among the most requested items at local food banks and shelters, but the least donated.



March 1 - March 31

Collection Sites:

Shoppers Drug Mart locations in Napanee, Amherstview and throughout Kingston - **look for donation box**

United Way KFL&A office, 417 Bagot Street (back entrance): Monday to Friday from 8:30 a.m. to 4:30 p.m.

Scan the QR code or visit: www.unitedwaykfla.ca/tampontuesday to learn more or donate online.









