

Your Impact in KFL&A



United Way KFL&A raises funds locally and invests them locally for maximum impact. Through your support:

54,629 people were helped locally through 54 agencies and 115 programs



24,034 children and youth accessed programs to reach their highest potential



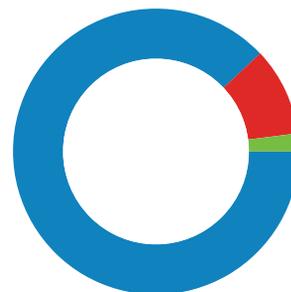
10,259 individuals and families were helped by programs and initiatives supporting personal wellbeing and safety



20,336 people were helped by programs and initiatives in meeting their basic needs and moving out of poverty

Accountability

United Way is efficient and effective, maximizing the amount that is invested in the community through local agencies and programs.



87.9% Funds invested directly into programs and services

10.1% Fundraising costs

2.0% Related Administrative Costs

* Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is 35%

Stronger Together



United Way
Kingston, Frontenac,
Lennox and Addington

What is United Way?

United Way Kingston Frontenac Lennox & Addington works closely with community partners to ensure that people have the opportunity to reach their full potential and live with hope, dignity, and a sense of belonging. This vision is realized by building on deep-rooted local community knowledge and relationships to empower people to make an impact.

The United Way raises funds for programs that support immediate needs while also addressing systemic challenges and root causes of issues that impact people locally. Led by volunteers, driven by a small professional staff team, the United Way KFL&A encourages people to get involved, support our most vulnerable, and tackle issues they care about. For more information, please visit: www.unitedwaykfla.ca/communityimpactreport

Funded Agencies

Helping Kids Be All They Can Be

- ♥ BGC South East
- ♥ Big Brothers Big Sisters of KFL&A
- ♥ Girls Inc. Limestone, Algonquin and Lakeshore
- ♥ Pathways to Education Canada United for Literacy (Frontier College)
- ♥ Youth Diversion Program

Building Strong and Healthy Communities

- C. T. Survivors Connect
- ♥ Canadian Hearing Services
- ♥ Canadian National Institute for the Blind
- ♥ Centre for Abuse and Trauma Therapy
- ♥ Community Navigation of Eastern Ontario
- ♥ Epilepsy South Eastern Ontario Incorporated Synod of the Diocese of Ontario

- ♥ Independent Living Centre Kingston KFL&A Public Health Kingston Health Sciences Centre
- ♥ Kingston Indigenous Language Nest
- ♥ Kingston Interval House
- ♥ Kingston Military Family Resource Centre
- ♥ Maltby Centre
- ♥ March of Dimes Canada Ongwanada
- ♥ Resolve Counselling Services Canada
- ♥ Rural Frontenac Community Services
- ♥ Sexual Assault Centre Kingston The Shoe Project Kingston
- ♥ Trellis HIV & Community Care

♥ = Partner Agencies

For a detailed list of agencies and programs visit www.unitedwaykfla.ca/grants

Moving People from Poverty to Possibility

- ♥ Addictions & Mental Health Services KFLA Dawn House Services and Housing for Women
- ♥ Dress For Success Kingston
- ♥ Elizabeth Fry Society of Kingston
- ♥ Kingston Community Health Centres Kingston Community Legal Clinic
- ♥ Kingston Home Base Non-Profit Housing
- ♥ Kingston Youth Shelter
- ♥ Lionhearts Inc. Loving Spoonful Martha's Table Community Program Morningstar Mission Relief Inc
- ♥ Outreach St. George's Kingston
- ♥ Ryandale Transitional Housing Tipi Moza Iron Homes
- ♥ Well Suited Kingston

United Way of Kingston, Frontenac, Lennox and Addington

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