Retirees United

The goal of the Retirees United initiative is to engage retirees and those about to retire, including those who are leaving a local workplace as well as retirees moving to Kingston and area.

Local Impact

It is reported that 1 in 4 seniors don't feel connected to their community. United Way of Kingston, Frontenac, Lennox and Addington would like to change that. We would like to see retirees and seniors stay healthy and active by getting involved in their neighbourhoods, utilizing community resources that keep them physically active, socially connected, valued and able to better cope with life's transitions.

The Retiree Task Force aims to create a sense of belonging for retirees by engaging them in their community, connecting them to peers and giving them the opportunity to make meaningful contributions of both time and resources.

Ways to Give

Volunteer: For information on volunteer opportunities please visit www.unitedwaykfla.ca/volunteer-centre

Pension Deductions: Check with your workplace. You may be able to donate through monthly pension deductions.

Monthly Giving: Conveniently give through credit card or pre-authorized payments.

One Time Gifts: Cheques, cash or credit cards are accepted.

Gifts of Securities: Gifts of securities may provide you with even greater tax benefits than charitable gifts made in cash.

Bequests: You can continue your tradition of giving by leaving a bequest to the United Way in your will.

Life Insurance: Gifting a Life Insurance policy or naming United Way as a beneficiary of your policy can be an easy and effective way to continue your support.

> In my retirement, I have become more aware of the people in need in our community. A lot of people who retire have a lot of energy and wonder what they can do. Through the United Way you make a difference in the lives of so many.
>
> **- Jim Parker**

For more information contact **leadership@unitedwaykfla.ca** or visit **www.unitedwaykfla.ca/retireesunited**

Local Love in action ♡

UNITED WAY
RETIREES UNITED