

Your Impact



79,967

People Helped Locally

70 Agencies **220** Programs



16,069 children and youth accessed programs to reach their highest potential



24,023 individuals and families were helped by programs and initiatives supporting personal wellbeing and safety



39,875 people were helped by our programs and initiatives in meeting their basic needs and moving out of poverty

Accountable to you



90% Funds invested directly into programs and services

8% Fundraising costs

* 10% without Federal Government COVID relief funding

2% Related Administrative Costs

* Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is 35%

Local Love 
in action



United Way
Kingston, Frontenac,
Lennox and Addington



Funded agencies in Lennox and Addington

Addiction & Mental Health Services – KFL&A
Alzheimer Society KFLA
Big Brothers Big Sisters
Canadian Families and Corrections Network (CFCN)
Canadian Hearing Services
Canadian National Institute for the Blind
Centre for Abuse & Trauma Therapy
Community Navigation of Eastern Ontario - 211
Dress for Success
Epilepsy South Eastern Ontario
Family and Children's Services

Food Sharing Project
Girls Inc.
Hospice Lennox and Addington
Independent Living Centre Kingston
KFLA Public Health - DTAF
Kidney Foundation
Kingston Community Health Centres
Kingston Literacy & Skills
Kingston Youth Shelter
L&A Seniors Outreach
Lennox & Addington Interval House
Lion Hearts Inc
Maltby Centre

March of Dimes Canada
Morningstar Mission Relief
Psychology Clinic at Queen's
Resolve Counselling Services Canada
Rural Frontenac Community Services
Salvation Army - Napanee
Sexual Assault Centre Kingston
Southern Frontenac Community Services
St. Lawrence Youth Association
VON - Greater Kingston & Napanee
Youth Diversion

“ COVID-19 turned everything on its head. Long-time volunteers had to step away due to the health risks, but others came in and filled the void. Because of the United Way's investment in Morningstar, from local and federal funds, we have been able to respond generously, and compassionately, to a community in crisis. We could not have done any of this without you. ”

- Kevin Alkenbrack, Executive Director, Morningstar Mission, Napanee

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Lennox and Addington

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