

# Food Trucks



Having a food truck at your special event is an excellent alternative to traditional food service or a bbq. Food trucks for the 2021 fall season are quickly booking, so be sure to reserve yours today! Don't forget to work with them to get a deep discount, and/or a percentage or dollar value donated to the United Way – it will be credited to your workplace campaign!

VisitKingston published a list of the top trucks, carts and trailers that serve up seriously delicious street eats in Kingston. The chart below highlights these. Following the chart is their description of the business. A list of registered food trucks (Kingston) is also included in this document.

	Gluten-free Options	Vegan Options	Vegetarian Options	Must Try!
<b>BBQ Babes</b> Canadian Tire, 1040 Division St	♥	♥	♥	Pulled pork sandwich
<b>Soup Chef Food Truck</b> Fairfield Park, 4574 Loyalist Parkway	♥	♥	♥	Spicy Italian sausage soup
<b>Juicy Kik Kingston</b> 3100 Princess St	♥	♥	♥	24K GOLD smoothie bowl
<b>The Great Canadian Country Cabin Chip Hut</b> 666 Collins Bay Rd			♥	French fries
<b>Days on Front Food Truck</b> 730 Front Rd	♥	♥	♥	Drink menu and wine list
<b>The Churro Guy</b> Memorial Centre Farmers' Market - 303 York St			♥	Cinnamon Twist
<b>B's Bike Bites</b>	♥	♥	♥	Chilly treats
<b>Muller's Kitchen</b> Leon's Furniture Kingston - 2730 Princess St			♥	B.C. Grilled Cheese
<b>Otter Creek Farms Food Truck</b> The Royal Kingston Curling Club - 130 Days Road		♥	♥	Thousand Islands burger
<b>West End Smokey</b> RONA - 2342 Princess St.				Friday night chicken wings

# 10 Kingston Food Trucks You Have to Park Yourself at This Summer

By Emily Coppella, Visitkingston.ca

## Legend

 gluten-free options

 vegan options

 vegetarian options

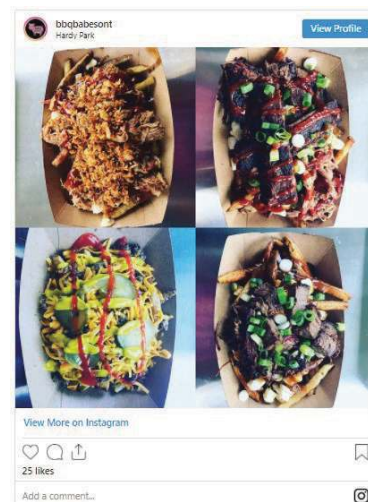
## BBQ Babes

Canadian Tire, 1040 Division St

11 am – 6 pm daily

This mother-daughter duo transitioned from traveling festival to festival across Ontario to being one of Kingston's most beloved stationary food trucks. Their food truck was voted Kingston's #1 Food Truck and #1 BBQ of 2020. If you try their burgers, brisket, or corn dogs, your tastebuds will know why. They serve smoked meats with a signature rub and sauce, all made from scratch. With weekly specials like cheeseburger pickle poutine and gluten-free options for every item on the menu, you're bound to find something you love – no extra condiments required.

**Must-try:** Pulled pork sandwich (applewood smoked pulled pork with dill pickle, homemade BBQ sauce, and a soft bun)



## Soup Chef Food Truck

Fairfield Park, 4574 Loyalist Parkway

Monday, Wednesday, Thursday, Sunday 11 am – 6 pm, Friday, Saturday 11 am – 7 pm, Closed on Tuesday

If you're looking for a meal with a great view, look no farther than this lakeside food truck. Located in Fairfield Park (Amherstview), you can enjoy a bowl of minestrone as you gaze out at Lake Ontario. Soup Chef might have your old-time favourites, or something new to try like cheeseburger mac or watermelon gazpacho. You can often find vegan, vegetarian, gluten-free, and dairy-free options here courtesy of their daily specials. You can also add poutine with fresh cheese curds from Wilton Cheese and homemade gravy to your order. They also have frozen soup available to purchase, so you can take the deliciousness home.

**Must-try:** Spicy Italian sausage soup



## Juicy Kik Kingston 🌱🌿🍄

3100 Princess St

Weekdays 11 am – 6 pm, Saturday 11 am – 5 pm, Closed on Sunday  
This is not your regular food truck. Juicy Kik packs their menu with

nutrient-dense options like super juice, smoothies, smoothie bowls, wraps, and salads. While you can still get some great french fries here, Juicy Kik is dedicated to fresh ingredients and healthy, innovative food and drinks.

Brighten your day with one of their signature blue smoothies!

**Must-try:** 24K GOLD smoothie bowl (acai, banana, mango, blueberries, and coconut milk base topped with edible gold flakes, dates, banana, granola, mango, and bee pollen.)



## The Great Canadian Country Cabin Chip Hut 🍄

666 Collins Bay Rd

Monday – Saturday 11 am – 7 pm, Sunday 11 am – 6 pm

Is it possible to create a list of food trucks without including a fry truck? While technically not a food truck, this small stand is ready to fulfil your craving for hand-cut chips. You can also order traditional fare such as hotdogs, burgers, and even hand-dipped corn dogs. Powered by a food-loving family, this is a stop you don't want to miss.

**Must-try:** French fries



## Days on Front Food Truck 🌱🌿🍄

730 Front Rd – Outside the Days on Front Restaurant

Wednesday – Saturday 4 pm – 8 pm (will be expanding into lunchtime)

Although new to the food truck scene this summer 2021, Days on Front restaurant has already proved itself by offering simple, yet refined, dishes. By using local and seasonal ingredients whenever possible, their licensed food truck is sure to be a summertime hit with a patio where you can sit to enjoy your meal. The menu may evolve but it currently offers mains (like pasta), sandwiches, salads, and even desserts. You can definitely get a well-rounded meal here.

**Must-try:** Anything from their extensive drink menu and wine list



## The Churro Guy

Memorial Centre Farmers' Market – 303 York St Sunday 9 am – 2 pm

If you needed another reason to take a trip to the Memorial Centre Farmers' Market, The Churro Guy should be it. Place your order online if you have your heart set on something specific, then head over to the Memorial Centre to pick up your delicious treats. You also don't have to order ahead as they have a selection of baked goods available on-site. Their small but mighty selection includes Cape Breton oatcakes, sweet potato burger buns and hot, fresh, churros. The Churro Guy uses pasteurized, whole goat milk and farm-fresh eggs in their products.

**Must-try:** Cinnamon Twist (a single twisted cinnamon bun)



## B's Bike Bites

While not technically a food truck, you'll want to keep an eye out for this travelling food cart. B's Bike Bites has a live tracker so that you can follow along with B's route and listen for the telltale bells that mean some refreshing snacks are on their way to you. Bailey DiGenova (B) rides a cart similar to an old-fashioned Dickie Dee, delivering ice cream and beverages. B, who has Autism and is non-verbal, developed the business with his parents in summer 2020.

**Must-try:** Whatever chilly treats you're craving!

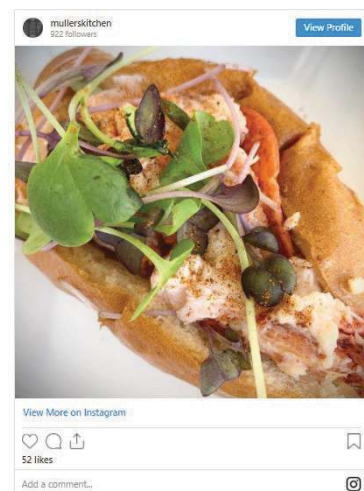


## Muller's Kitchen

Leon's Furniture Kingston – 2730 Princess St Wednesday – Sunday, 11:30 am – 5:30 pm

This food truck brings you both barbecue staples and unique features. They've managed to make hotdogs, burgers, sandwiches, and poutines even yummier with distinct pairings – oxtail poutine with homemade gravy, cheese curds, and fried leeks, anyone? Whether they're offering rainbow buns from a local bakery or bringing the east coast to you with 4 oz. lobster rolls, you're sure to find something creative and delicious here.

**Must-try:** B.C. Grilled Cheese (goat cheese, candied pecans, buckwheat honey, rosemary butter, sourdough bread)





## Otter Creek Food Truck



The Royal Kingston Curling Club – 130 Days Road Wednesday  
– Sunday 12 pm – 7 pm

While mainly parked outside the Curling Club and Spearhead Brewery, hours and locations shift each week, so be sure to check out their Facebook page for updated schedule information on Mondays.

Otter Creek Farms Food Truck is a fan-favourite. They serve their original Otter Creek Wagyu Burger along with vegan and vegetarian options, fries, salads, and even a Buddha Bowl packed with seasonal vegetables. Keep an eye out on their social media for their funky “Chalkboard Specials” that rotate weekly.

**Must-try:** Thousand Islands burger (two 3oz Otter Creek Farms wagyu patties, special sauce, Wilton cheddar, lettuce, pickle, onion, sesame seed bun)



## West End Smokey

RONA Parking Lot – 2342 Princess St.

Thursday (Pulled Pork Sandwich) 11:30 – 4:00 pm, Friday (Pulled Pork Sandwich, Smoked Wings) 11:30 – 6 pm, Saturday (Pulled Pork Sandwich, Smoked Ribs) 11:30 – 6 pm

If you’re craving smoked meat, look no further than the RONA parking lot. While single portions are available on-site, you might want to pre-order as well, because customers are saying this is truly the best smoked BBQ meat around. Depending on the day, you can find pulled pork that’s been slow cooked for 14+ hours, saucy ribs, and chicken wings. West End Smokey focuses on low slow cooking, secret spices, and a lot of patience.

**Must-try:** Their Friday night chicken wings



# 2021 City Licensed Refreshment Vehicles and Carts

## Food Trucks & Trailers

### After 8 Catering o/a Western Cut BBQ

2408 Perth Road (Glenburnie)

### ♥ BBQ Babes

Canadian Tire- 1040  
Division Street

### Bustini's Catering Incorpo- rated

682 Fortune Crescent

### Fresh Fries Fast

1993 Highway #15

### Hanna Gabrielsson Inc.

87 Union Street

### JoJo's

TSC- 1093 John Counter  
Boulevard

### ♥ Juicy Kik

3100 Princess Street

### Kelly's Catering

Canadian Tire- 59 Bath Road

### Lizzy Tall Fry

87 Union Street

### ♥ Days on Front

730 Front Road Unit 6

### ♥ Muller's Kitchen

Leon's- 2730 Princess Street

### ♥ Otter Creek Food Truck

130 Days Road

### Ronald Scoops

Lake Ontario Park Stall #3

### ♥ The Churro Guy

Memorial Centre Market-  
303 York Street

### ♥ The Great Canadian Country Cabin Chip Hut

666 Collins Bay Road

### The Grocery Basket

City Park- 33 Bagot Street

### Uncle Joe's

6086 Hwy 15

### ♥ West End Smokey

Rona- 2342 Princess Street

## Food Carts & Bikes

### ♥ B's Bike Bites

Mobile- Ice Cream Bike

### Bubba's Hot Dog Cart

Confederation Park Stall #4

### Czeslaw Lewandowski

Confederation Park Stall #2

### Iryna's Hot Dogs

Confederation Park Stall #1

### Top Dog

Confederation Park Stall #3

### Up Dog

Break Water Park Stall #2

### Uncle Joe's

6086 Hwy 15

### West End Smokey

Rona- 2342 Princess Street

♥ = Top 10 Food Trucks

## Supplies Available

The United Way can provide you with supplies to use at your Food Truck event (on loan). The following supplies are available:

- Banners
- Tyvek Banners
- United Way Branded A-Frame Signs
- Aprons

To request supplies please contact [campaign@unitedwaykfla.ca](mailto:campaign@unitedwaykfla.ca).

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**United Way**  
Kingston, Frontenac,  
Lennox and Addington