



ONLINE SUBSTANCE USE RESOURCES DURING COVID-19

(VERSION 3 - UPDATED JAN 12TH 2021)

ONLINE 12 STEP MEETINGS

ALCOHOLICS ANONYMOUS

<http://aa-intergroup.org/directory.php>

NARCOTICS ANONYMOUS

<https://www.na.org/meetingsearch/text->

COCAINE ANONYMOUS

<https://ca-on.org/>



OTHER ONLINE SUPPORT MEETINGS, COMMUNITIES, & RESOURCES

AA SOBER LIVING

www.aasoberliving.com

SMART RECOVERY

<https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/>

IN THE ROOMS

<https://www.intherooms.com/home/>

THE DAILY PLEDGE

<https://thedailypledge.org/>

myRECOVERY

www.myrecovery.com

SOBERRECOVERY

www.soberrecovery.com/forums/

CANNABISREHAB

<https://www.cannabisrehab.org/>

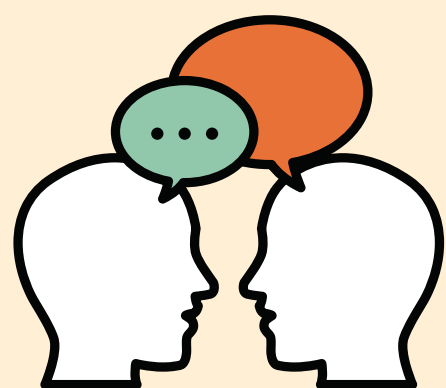
HAMS HARM REDUCTION NETWORK

hamsnetwork.org

OVERDOSE PREVENTION APP

BeSafe

<https://www.besafe.community/>
peer-to-peer remote support



For more information and resources, contact **ConnexOntario**: www.connexontario.ca or 1-866-531-2600



IF YOU ARE EXPERIENCING A CRISIS CALL: 613-544-4229

OVERDOSE PREVENTION LINE



1-888-688-NORS(6677)

24/7 SUPPORT