

59,320 People Helped Locally

Accountable to You



83% Funds invested directly into programs and services

14% Fund raising costs

***3%** Related Administrative Costs

* Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is under 35%

Funded Agencies

Helping Kids Be All They Can Be

8 Agencies, 12 Programs

Big Brothers Big Sisters of KFL&A
Boys & Girls Club of Kingston & Area
Family and Children's Services of FL&A
Food Sharing Project
Girls Inc. of Limestone, Algonquin and Lakeshore
Pathways to Education Canada
Psychology Clinic at Queen's
Youth Diversion Program

Building Strong and Healthy Communities

23 Agencies, 33 Programs

Addiction and Mental Health Services KFL&A (Youth Outreach Program)
Bereaved Families of Ontario

Canadian Hearing Society
Canadian Mental Health Association
Canadian National Institute for the Blind
Centre for Abuse and Trauma Therapy Inc
Community Information Centre of Ottawa 211
Epilepsy South Eastern Ontario
Hospice Lennox & Addington
Independent Living Centre Kingston
KFL&A Public Health
Kingston Interval House
Kingston Literacy & Skills
Kingston Military Family Resource Centre
Lennox & Addington Interval House
Limestone Boat & Board Club
March of Dimes Canada
Martha's Table Community Program
New Leaf Link
Resolve Counselling Services Canada
Rural Frontenac Community Services
Sexual Assault Centre Kingston
Southern Frontenac Community Services

Moving People From Poverty to Possibility

11 Agencies, 26 Programs

Addiction and Mental Health Services KFL&A (Housing Loss Prevention)
Dress For Success Kingston
Elizabeth Fry Society of Kingston
Kingston Community Health Centres
Kingston Community Legal Clinic
Kingston Home Base Non-Profit Housing
Kingston Youth Shelter
Loving Spoonful
Outreach St. George's Kingston
Ryandale Transitional Housing
St. Vincent de Paul Society of Kingston

