When I was 10, my parents separated. It was a never ending battle over custody for me and my brother. I was in constant conflict with my step-mother and my father wasn't very supportive. Just before turning 17, I left home. I stayed with friends, until I spoke with a Police operator who connected me with a Youth Services Program. With that support, I was able to get back on my feet. If you or someone you know is without a home, call the Kingston Youth Shelter at 613-766-3200.

– Mona, homeless at age 17

For more information
www.unitedwaykfla.ca/youth

LET'S END
YOUTH
HOMELESSNESS

United Way
Kingston, Frontenac,
Lennox and Addington