



I came from a family with 4 children and my parents. We moved around Canada a lot. I had some family issues that were caused by drug use. I became homeless. When you don't have a home to go to or a place to rest, you feel unwanted and uncomfortable, you are completely alone. I live in youth housing now. Keep your head-up, and don't give up.

If you need help, call 211.
It's free, 24 hours a day.

- Connor