



I'VE LIVED IN POVERTY MY ENTIRE LIFE, ALWAYS HAVING TO CHOOSE BETWEEN FOOD OR SHELTER. PEOPLE DIDN'T UNDERSTAND HOW MY UNSTABLE LIVING CONDITIONS AFFECTED ME. I STARTED DOING DRUGS AS A TEENAGER AND DRINKING EXCESSIVELY. **B**y 16, I WAS HOMELESS, ADDICTED TO DRUGS AND ALCOHOL, AND HAD QUIT SCHOOL. My FRIEND SUGGESTED A PROGRAM THAT HELPS HOMELESS AND TROUBLED YOUTH BETTER THEIR LIVES. I'VE BEEN CLEAN OFF DRUGS AND ALCOHOL FOR 4 YEARS, I WENT TO COLLEGE, AND EVEN STARTED TWO OF MY OWN BUSINESSES. I'M WORKING FULL-TIME NOW, AND I LIVE IN MY OWN PLACE. **IF YOU OR SOMEONE YOU KNOW IS WITHOUT A HOME, CALL HOME BASE HOUSING AT (613) 542-6672.**

- **BRIAN, HOMELESS AT AGE 16**

For more information  
[www.unitedwaykfla.ca/youth](http://www.unitedwaykfla.ca/youth)

LET'S END  
**YOUTH**  
HOMELESSNESS



**United Way**  
Kingston, Frontenac,  
Lennox and Addington