

My mom had been threatening to kick me out for a couple of years. The first time I was locked out I was 15.

I would stay at my friend's house. My mom became unbearable, she was constantly yelling at me and smashing things. I thought she was going to kick me out, so I went to my school counsellor and they said there was a place they could get me into. I was able to get an apartment, my mom kicked me out once she found out.



I lived in Napanee. There are homeless youth there and there aren't a lot of resources. So I ended up moving to Kingston. Most youth who become homeless aren't well prepared to take care of themselves. As a youth your housing should be provided for you so that you can have friends, study and do what you are supposed to do.

I like to be independent and not have anyone controlling my life. I'm really busy trying to be an adult. I'm aiming to get into University and I'm also taking a smart serve course so I can get into waitressing.

Talk to friends, family, school counsellors or call 211 if you are in a bad situation and need to get out.

Call 211. It's free.
24 hrs/day

— Amanda, homeless at age 15