

# Local Love in action



# 59,320

People Helped Locally

**42** Agencies    **71** Programs

**19,741** children and youth accessed programs to reach their highest potential



**9,951** individuals and families were helped by programs and initiatives supporting personal wellbeing and safety



**29,628** people were helped by our programs and initiatives in meeting their basic needs and moving out of poverty



## Accountable to You



**83%** Funds invested directly into programs and services

**14%** Fund raising costs

**3%** Related Administrative Costs

\* Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is under 35%

“ There is need across so many sections of society and it is wonderful that United Way KFLA touches on lives across economic, social and cultural boundaries. ”

United Way of Kingston, Frontenac, Lennox and Addington

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[www.unitedwaykfla.ca](http://www.unitedwaykfla.ca)



**United Way**  
Kingston, Frontenac,  
Lennox and Addington

# Funded Agencies

## Helping Kids Be All They Can Be

### 8 Agencies, 12 Programs

Big Brothers Big Sisters of KFL&A  
Boys & Girls Club of Kingston & Area  
Family and Children's Services of FL&A  
Food Sharing Project  
Girls Inc. of Limestone, Algonquin  
and Lakeshore  
Pathways to Education Canada  
Psychology Clinic at Queen's  
Youth Diversion Program

## Building Strong and Healthy Communities

### 23 Agencies, 33 Programs

Addiction and Mental Health Services  
KFL&A (Youth Outreach Program)  
Bereaved Families of Ontario  
Canadian Hearing Society  
Canadian Mental Health Association  
Canadian National Institute for the Blind  
Centre for Abuse and Trauma  
Therapy Inc  
Community Information Centre of Ottawa 211  
Epilepsy South Eastern Ontario  
Hospice Lennox & Addington  
Independent Living Centre Kingston  
KFL&A Public Health

Kingston Interval House  
Kingston Literacy & Skills  
Kingston Military Family Resource Centre  
Lennox & Addington Interval House  
Limestone Boat & Board Club  
March of Dimes Canada  
Martha's Table Community Program  
New Leaf Link  
Resolve Counselling Services Canada  
Rural Frontenac Community Services  
Sexual Assault Centre Kingston  
Southern Frontenac Community Services

## Moving People From Poverty to Possibility

### 11 Agencies, 26 Programs

Addiction and Mental Health Services  
KFL&A (Housing Loss Prevention)  
Dress For Success Kingston  
Elizabeth Fry Society of Kingston  
Kingston Community Health Centres  
Kingston Community Legal Clinic  
Kingston Home Base Non-Profit Housing  
Kingston Youth Shelter  
Loving Spoonful  
Outreach St. George's Kingston  
Ryandale Transitional Housing  
St. Vincent de Paul Society of Kingston

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