

Impact of Your Gift

Here are some examples of how your donation helps people in our region:



15,500 students had nutritious snacks and meals at school



324 high school students had intense tutoring and mentoring to help them graduate



353 people accessed information and programs in support of their mental health



450 people affected by epilepsy received information and supportive services



over **13,800** people benefitted from reclaimed fresh produce and prepared meals



38,000 meals were served by local soup kitchens



367 job seekers with low incomes received professional work clothes



65,00 people accessed free computers and internet to complete homework, seek employment, and access housing and other supports

THE 2019
CHARITY 100

United Way KFL&A is proud to be ranked a top 100 Canadian charity by Moneysense.ca

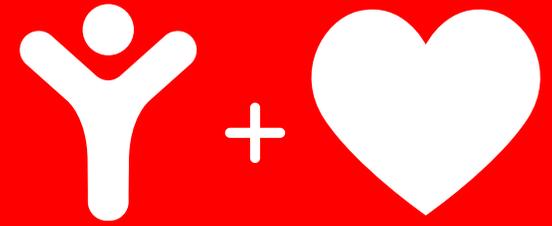


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LOCAL LOVE



United Way
Kingston, Frontenac,
Lennox and Addington



Your Local Love Changed Their Lives

53,323

People were helped locally, right here in KFL&A

19,932

Helping Kids

Children and youth accessed programs to reach their highest potential

7,849

Healthy Communities

Individuals and families were helped by programs and initiatives supporting personal wellbeing and safety

25,542

Poverty to Possibility

People were helped by our programs and initiatives in meeting their basic needs and moving out of poverty

Download the 2018 United Way KFLA Funded Programs

www.unitedwaykfla.ca/funded-programs

The Power of Local Love

Join thousands of donors who choose to change lives everyday, right here in KFLA, by giving to our community through the United Way.

Ways to Give:

There are many options available when it comes to giving to United Way. Every dollar you give makes a difference in your community.

- Donate online
- Call or email
- Visit us and make your donation in person

Gifts can be made by cash, credit card, cheque or payroll deduction.

Online Donations:

Supporting the United Way is made easy by clicking the "Donate Now" button online using your computer, tablet or smartphone. You can make a one-time donation or monthly payments through credit card.

www.unitedwaykfla.ca/donate

Local Love in Action

You have the power to change lives right here in your community.

Making a Difference Every Day

When you give to the United Way, your gift will be invested where it has the most impact.

Accountable to You

Our fundraising and administration costs are among the lowest in the charity sector. Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is under 35%.

84%

Funds Invested Directly into Programs and Services

13%

Fund Raising Costs

3%

Related Administrative Costs

