



**Success By 6 Week: May 6 - 12, 2019**

“Take the time, make the moments matter.”®  
with the little ones in your life!”

**Each day during Success By 6 Week you’ll find a variety of free activities for young children that encourage simple family fun. From family zumba, marsh dipping, parent and tot swims, touch the trucks, story time and much more.**

### **Monday, May 6**

#### **NEW!**

**Flower Moon Festivities:** EarlyON

**Date & Time:** Monday, May 6, 8:30am-2:30pm

**Location:** 104 Art Duffy Rd., Sharbot Lake

**Description:** Come celebrate the Flower moon. Tasting traditional plants, planting seeds and celebrating our countries indigenous heritage.

#### **NEW!**

**Go Team:** EarlyON

**Date & Time:** Monday, May 6, 8:30am-3:30pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Wear your favourite team jersey/hat and enjoy a full day of sporting fun, outdoor games and sporty activities.

#### **NEW!**

#### **FRENCH EVENT**

**Activités:** EarlyON

**Date & Time:** Monday, May 6, 9am-12pm

**Location:** École élémentaire publique Madeleine de Roybon EarlyON, 72 Gilmour Ave. Kingston

**Description:** Activités d'apprentissage, jeux, collation, surprises, Invité spécial Chien de service.

#### **NEW!**

**Higgly Piggly Bumble Bee:** EarlyON

**Date & Time:** Monday, May 6, 9am-3pm

**Location:** New Life Church, 2837 Creekford Rd., Westbrook

**Description:** Come and do bee activities with me! Honey Tasting

#### **Activity Colour Code:**

**Drop-ins & Playgroups**

**Physical Activities**

**Learning Activities**

**Fun Activities**

**Environment**

*\*\*Children who are not toilet trained are required to wear diapers or tight-legged plastic pants for swimming.*

**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Monday, May 6, 9am-3pm**Location:** Reg Shadbolt Learning Centre, 299 Concession St., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Monday, May 6, 9am-3pm**Location:** École JR Henderson Public School, 362 Roosevelt Dr., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Monday, May 6, 9am-3pm**Location:** Boys & Girls Club West, 1300 Bath Rd., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Monday, May 6, 9am-3pm**Location:** Boys & Girls Club East, 695 Innovation Dr., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Fun with Science:** LARC EarlyON**Date & Time:** Monday, May 6, 9:30-12pm**Location:** Tamworth Arena (Lion's Room), 713 Addington St., Tamworth**Description:** Come join our Playgroup as we measure, stir, create and explore with our child friendly experiments during a morning of science discoveries.**\*\*Parent & Tot Swim:** Loyalist Township Recreation**Date & Time:** Monday, May 6, 10am-11am**Location:** WJ Henderson Recreation Centre, 322 Amherst Dr., Amherstview**Description:** A swim specially designed for parents and their children (6 years and under) to swim together and have some fun in the pool.**NEW!****Groove & Grow:** Kingston Frontenac Public Library, Rideau Heights Branch**Date & Time:** Monday, May 6, 10:30-11am**Location:** 85 MacCauley St., Kingston**Description:** Music, movement and more! Get ready to naturally develop language and early literacy skills through fun activities and hands-on play.

**\*\*KidSplash:** YMCA

**Date & Time:** Monday, May 6, 11-11:55am

**Location:** 100 Wright Cres., Kingston

**Description:** Splish and splash in our Leisure Pool during Kid Splash. Aimed for children 6 years and younger, Kid Splash offers little swimmers the opportunity to become comfortable and enjoy the wonderful world of water.

**Pajama Breakfast for Supper:** McDonald's Restaurants

**Date & Time:** Monday, May 6, 4-8pm

**Location:** 1165 Division St., Kingston

**Description:** We encourage parents and caregivers to bring your children in PJ's for dinner. Free hotcakes for children 0-6 years dressed in PJ's.

**REG REQ'D**

**Police Station Tour:** Kingston Police

**Date & Time:** Monday, May 6, 5-6pm

**Location:** 705 Division St., Kingston

**Description:** Tour of Kingston Police Headquarters

**Registration Required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

**NEW!**

**Maker Club:** County of Lennox & Addington Libraries, Yarker Branch

**Date & Time:** Monday, May 6, 6:30-7:30pm

**Location:** 4315 County Rd. 1, Yarker

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**Tuesday, May 7**

**NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Tuesday, May 7, 8:30am-3:30pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Dig in and get dirty decorating your own pot and planting something to take home.

**Kids Open Gym:** Loyalist Gymnastics

**Date & Time:** Tuesday, May 7, 9-10am

**Location:** 1396 Bath Rd., Kingston

**Description:** Let's move and tumble, balance and stretch!

**\*\*Parent & Tot Swim:** City of Kingston

**Date & Time:** Tuesday May 7, 9-10am

**Location:** Artillery Park Aquatic Centre, 382 Bagot St., Kingston

**Description:** A great way for caregivers to introduce children 6 years and under to the water in our warm Leisure Pool. Children who are not toilet trained must wear water diapers or tight-legged plastic pants.

**NEW!****Playgroup in the Park:** LARC EarlyON**Date & Time:** Tuesday May 7, 9-11:30am**Location:** Conservation Park, 2 Factory St., Newburgh (beside the fire hall)**Description:** Join Newburgh Playgroup as we dig in the dirt, look for bugs, climb, run and have fun at the park.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Tuesday May 7, 9am-3pm**Location:** Robert Meek Community Centre, 559 Bagot St., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Tuesday, May 7, 9am-3pm**Location:** Boys & Girls Club East, 695 Innovation Dr., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****The Joy of Gardening:** EarlyON**Date & Time:** Tuesday, May 7, 9am-3pm**Location:** 4365 Mill St., Sydenham**Description:** All week we will plant seeds, discuss and learn about the flowers and learn about composting.**NEW!****Colour Me Happy:** EarlyON**Date & Time:** Tuesday, May 7, 9am-3:15pm**Location:** Bayridge Public School, 1066 Hudson Dr., Kingston**Description:** Explore colours in a variety of ways, parachute play**NEW!****The Joy of Trying New Things:** EarlyON**Date & Time:** Tuesday, May 7, 9am-3:30pm**Location:** 6689 Highway 38, Verona (back entrance off the parking lot).**Description:** Join us to try some new foods, learn some new songs and practice some new gross motor activities.**NEW!****Dr. Seuss Party:** EarlyON**Date & Time:** Tuesday, May 7, 9am-4pm**Location:** Reg Shadbolt Learning Centre, 299 Concession St., Kingston**Description:** Become your favorite Dr. Seuss story as we read and enjoy a silly Dr. Seuss day of fun.

**NEW!**

**ROhenton Kariwatehkwen (Words Before All Else):** LARC EarlyON &

Kahwa:tsire Journey Together

**Date & Time:** Tuesday May 7, 9:30am-12pm

**Location:** LARC 465 Advance Ave., Napanee

**Description:** Come join the Kahwa:tsire Child & Family Playgroup as they celebrate Indigenous Culture. Families can design their own version of the Ohenton Kariwatehkwen (Words Before All Else). It's the central invocation for the Haudenosaunee (also known as the Six Nations-Mohawk, Oneida, Cayuga, Onondoga, Seneca, and Tuscarora). It reflects their relationship of giving thanks for life and the world around them.

**NEW!**

**Gym Day:** LARC EarlyON

**Date & Time:** Tuesday May 7, 9:30am-12pm

**Location:** Addington Highlands Community Centre, 31 Central St., Denbigh

**Description:** Come join Denbigh Playgroup as we play with balls, beanbags, balance beams, cars and lots more.

**NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Tuesday May 7, 9:30am – 12:30PM

**Location:** Holy Name Catholic School, 370 Kingston Mills Rd., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

**NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Tuesday May 7, 9:30am-3:30pm

**Location:** Centennial Public School, 120 Norman Rogers Dr., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

**\*\*KidSplash:** YMCA

**Date & Time:** Tuesday, May 7, 10:30-11:55am

**Location:** 100 Wright Cres., Kingston

**Description:** Splish and splash in our Leisure Pool during Kid Splash. Aimed for children 6 years and younger, Kid Splash offers little swimmers the opportunity to become comfortable and enjoy the wonderful world of water.

**NEW!**

**Mother's Day Storytime and Craft:** Addington Highlands Library, Denbigh Branch

**Date & Time:** Tuesday May 7, 12-1:30pm

**Location:** Addington Highlands Community Centre, 31 Central St., Denbigh

**Description:** We will be celebrating our moms at the Denbigh Library. Lots of stories to share with your mom and making them a gift.

**NEW!****Joys of Songs & Rhymes:** EarlyON**Date & Time:** Tuesday, May 7, 12:30-2:30pm**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston**Description:** Support your babies development as you and your baby learn together doing rhymes and making a book to take home. Note: for babies under 1 year.**REG REQ'D****Food for You, Food for Two:** KFL&A Public Health**Date & Time:** Tuesday, May 7, 12:30-3pm**Location:** 20 Manitou Cres., West (lower level), Amherstview**Description:** Learn about healthy eating, labour & delivery, breastfeeding, care for a baby, parenting tips and much more!**Registration Required:** 613-354-3357.**NEW!****Kinder Music Yoga Surf:** Studio Yoga Yoga**Date & Time:** Tuesday May 7, 1-2pm**Location:** 48 Dundas St. E, Napanee**Description:** A vibrant blend of music, yoga and culture. Suitable for preschoolers.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Tuesday May 7, 1-7pm**Location:** Boys & Girls Club West, 1300 Bath Rd., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Tuesday, May 7, 1:30- 4:30pm**Location:** Joyceville Public School, 2903 Joyceville Rd., Joyceville**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**REG REQ'D****Marsh Dipping:** Cataraqui Region Conservation Authority**Date & Time:** Tuesday, May 7, 3:30-4:30pm**Location:** 1641 Perth Rd., Kingston**Registration Required:** 613-546-4228 x222 (closes at 4pm on Friday, May 3<sup>rd</sup>).**NEW!****Zoodles of Fun:** EarlyON**Date & Time:** Tuesday May 7, 4-7pm**Location:** Rideau Heights Community Centre, 85 MacCauley St., Kingston**Description:** Bring your favorite stuffy and join us for zoo themed activities.

**Touch the Trucks:** LARC EarlyON

**Date & Time:** Tuesday May 7, 5-7pm

**Location:** Strathcona Paper Centre 16 McPherson Drive, Napanee

**Description:** Bring your children for our 10th annual Touch the Trucks. There will be a variety of vehicles - firetruck, police car, argo, dump truck, farm tractor and lots more.

## **Wednesday, May 8**

### **NEW!**

**Flower Moon Festivities:** EarlyON

**Date & Time:** Wednesday, May 8, 8:30am-12pm

**Location:** 104 Art Duffy Rd., Sharbot Lake

**Description:** Come celebrate the Flower moon. Tasting traditional plants, planting seeds and celebrating our countries indigenous heritage.

### **NEW!**

**Colour Me Happy:** EarlyON

**Date & Time:** Wednesday May 8, 8:30am-1pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Explore colours in a variety of ways, parachute play (EarlyON Group)

### **NEW!**

**Mother's Spa Day:** LARC EarlyON

**Date & Time:** Wednesday, May 8, 9-11:30am

**Location:** Napanee Playgroup-Trinity United Church 25 Bridge St. E, Napanee

**Description:** Let's celebrate our moms. Come get pampered by your child! They will be giving manicures, pedicures, new hairstyles, and lots more.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Wednesday, May 8, 9am-1pm

**Location:** Robert Meek Community Centre, 559 Bagot St., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Wednesday, May 8, 9am-1pm

**Location:** Boys & Girls Club East, 695 Innovation Dr., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Wednesday, May 8, 9am-1pm

**Location:** Boys & Girls Club West, 1300 Bath Rd., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

**NEW!****Little Movers and Shakers:** EarlyON**Date & Time:** Wednesday, May 8, 9am-1pm**Location:** Reg Shadbolt Learning Centre, 299 Concession St., Kingston**Description:** Enjoy a morning of song and dance and make a musical instrument to take home.**NEW!****The Joy of Gardening:** EarlyON**Date & Time:** Wednesday, May 8, 9am-3pm**Location:** 4365 Mill St., Sydenham**Description:** All week we will plant seeds, discuss and learn about the flowers and learn about composting.**NEW!****Jack & the Beanstalk - A Gardening Adventure:** LARC EarlyON**Date & Time:** Wednesday, May 8, 9:30am-12pm**Location:** Land O' Lakes Lions Hall, 12 Firehall Rd., Northbrook**Description:** The Land 'O Lakes Gardening Club is hosting another memorable gardening experience for the children in our community. Come on out and make a beautiful garden creation to enjoy through the summer months.**NEW!****Indigenous Dancing:** LARC EarlyON & Kahwa:tsire Journey Together**Date & Time:** Wednesday, May 8, 9:30am-12pm**Location:** Wilton Community Hall, 251 Simmons Rd., Odessa**Description:** Come join the Wilton Playgroup and learn some beautiful Indigenous dances and celebrate the culture.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Wednesday, May 8, 9:30am-12:30pm**Location:** Centennial Public School, 120 Norman Rogers Dr., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Wednesday, May 8, 9:30am -12:30pm**Location:** Glenburnie Public School, 2252 Battersea Rd., Glenburnie**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**Baby and Me:** Kingston Frontenac Public Library, Calvin Park Branch**Date & Time:** Wednesday, May 8, 10-10:30am**Location:** 88 Wright Cres., Kingston**Description:** Stories, songs, rhymes and tickles for newborns and pre-walkers. Parents and caregivers will learn, and practise fun and simple ways to incorporate early literacy skills in the home. For newborns and pre-walking babies.



## REG REQ'D

**Teddy Bear Hospital:** Kingston Museum of Health Care

**Date & Time:** Wednesday, May 8, 10-11am

**Location:** Museum of Health Care, 32 George St., Kingston

**Description:** Bring your teddy bear or other special stuffed animal to the Museum of Health Care where trained “teddy doctors and nurses” will be on hand to examine and treat your toy’s bumps, lumps, and bruises. Learn, laugh, and find out why doctors and hospitals aren’t so scary after all! The event will include a story time and hands-on-activities. Suitable for ages 0-6, with adult accompaniment.

**Registration Required:** <https://forms.gle/2o33L1D4qe4Pqu826>

## NEW!

### BILINGUAL EVENT

**Story Party:** Kingston Military Family Resource Centre

**Date & Time:** Wednesday May 8, 10am-12pm

**Location:** CFB Kingston Batoche Community Centre, 32 Lundy's Lane, Kingston

**Description:** Come & join us for many fun activity stations, snacks, crafts, prizes and some fun surprises! It's a Story Party and our book chosen is Goodnight Already! Ça suffit, bonne nuit! Special guest \*Story time with our Base Commander!

## NEW!

**Groove & Grow:** Kingston Frontenac Public Library, Rideau Heights Branch

**Date & Time:** Wednesday, May 8, 10:30-11am

**Location:** 85 MacCauley St., Kingston

**Description:** Music, movement and more! Get ready to naturally develop language and early literacy skills through fun activities and hands-on-play.

## NEW!

**Teddy Bear Picnic Storytime:** County of Lennox & Addington Libraries, Amherstview Branch

**Date & Time:** Wednesday May 8, 10:30-11:30am

**Location:** 322 Amherst Dr., Amherstview

**Description:** Today's the day the Teddy Bears have their picnic. Join Amy for a storytime filled with stories, songs, rhymes and a simple craft.

## NEW!

**Royal Tea Party Storytime:** County of Lennox & Addington Libraries, Napanee Branch

**Date & Time:** Wednesday May 8, 10:30-11:30am

**Location:** 25 River Rd., Napanee

**Description:** Princes & Princesses come dressed in your finest & join Patricia for a storytime filled with royal stories and songs.

**\*\*KidSplash:** YMCA

**Date & Time:** Wednesday May 8, 11-11:55am

**Location:** 100 Wright Cres., Kingston

**Description:** Splish and splash in our Leisure Pool during Kid Splash. Aimed for children 6 years and younger, Kid Splash offers little swimmers the opportunity to become comfortable and enjoy the wonderful world of water.

**Flower Fun:** Canadian Tire Garden Centre

**Date & Time:** Wednesday, May 8, 11am-2pm

**Location:** 2560 Princess St., Kingston

**Description:** Planting a flower to take home and watch it grow in your garden or in your window.

**REG REQ'D**

**Teddy Bear Hospital:** Kingston Museum of Health Care

**Date & Time:** Wednesday, May 8, 1-2pm

**Location:** Museum of Health Care, 32 George St., Kingston

**Description:** Bring your teddy bear or other special stuffed animal to the Museum of Health Care where trained “teddy doctors and nurses” will be on hand to examine and treat your toy’s bumps, lumps, and bruises. Learn, laugh, and find out why doctors and hospitals aren’t so scary after all! The event will include a story time and hands-on-activities. Suitable for ages 0-6, with adult accompaniment.

**Registration Required:** <https://forms.gle/2o33L1D4qe4Pqu826>

**Farm Fresh Fun in Frontenac:** Ormsbee Mercantile

**Date & Time:** Wednesday, May 8, 4:30-6:30pm

**Location:** 3814 Battersea Rd., Sunbury

**Description:** Come plant a seed and take it home to watch it grow! Learn all about local farming with some of the South Frontenac’s awesome farmers!

**NEW!**

**Maker Club:** County of Lennox & Addington Libraries, Bath Branch

**Date & Time:** Wednesday May 8, 6:30-7:30pm

**Location:** 197 Davy Street, Bath

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**Thursday, May 9**

**NEW!**

**Flower Moon Festivities:** EarlyON

**Date & Time:** Thursday, May 9, 8:30am-2:30pm

**Location:** 104 Art Duffy Rd., Sharbot Lake

**Description:** Come celebrate the Flower moon. Tasting traditional plants, planting seeds and celebrating our countries indigenous heritage.

**\*\*Parent & Tot Swim:** City of Kingston

**Date & Time:** Thursday, May 9, 9-10am

**Location:** Artillery Park Aquatic Centre, 382 Bagot St., Kingston

**Description:** A great way for caregivers to introduce children 6 years and under to the water in our warm Leisure Pool. Children who are not toilet trained must wear water diapers or tight-legged plastic pants.

**NEW!****Messy Play:** LARC EarlyON**Date & Time:** Thursday, May 9, 9-11:30am**Location:** Bath United Church 402 Academy St., Bath**Description:** Come join Bath Playgroup for a morning of getting messy with dirt, water, and more. Be prepared to get dirty!**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Thursday, May 9, 9am-1pm**Location:** Boys & Girls Club West, 1300 Bath Rd., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Thursday, May 9, 9am-3pm**Location:** Robert Meek Community Centre, 559 Bagot St., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****The Joy of Gardening:** EarlyON**Date & Time:** Thursday, May 9, 9am-3pm**Location:** 4365 Mill St., Sydenham**Description:** All week we will plant seeds, discuss and learn about the flowers and learn about composting.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Thursday, May 9, 9am-3pm**Location:** École JR Henderson Public School, 362 Roosevelt Dr., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Splish, Splosh, Bubble, Plop:** EarlyON**Date & Time:** Thursday May 9, 9am-3:15pm**Location:** Bayridge Public School, 1066 Hudson Dr., Kingston**Description:** Spend a carefree time exploring the senses with your child. Dress for mess!**NEW!****Indigenous Learning Day:** EarlyON & Kahwa:tsire Journey Together**Date & Time:** Thursday, May 9, 9am-3:30pm**Location:** Katarokwi Learning Centre, 38 Cowdy St., Kingston**Description:** Come and join us for Indigenous music and dance.

**NEW!****The Joy of Trying New Things:** EarlyON**Date & Time:** Thursday May 9, 9am-3:30pm**Location:** 6689 Highway 38, Verona (back entrance off the parking lot).**Description:** Join us to try some new foods, learn some new songs and practice some new gross motor activities.**NEW!****Music with our Grandfriends:** LARC EarlyOn**Date & Time:** Thursday, May 9, 9:30-11:30 am**Location:** John Parrott Centre 309 Bridge St. W, Napanee**Description:** We will be making some musical instruments and have invited some musicians to entertain our friends of all ages. Space limited.**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Thursday May 9, 9:30am-3:30pm**Location:** Joyceville Public School, 2903 Joyceville Rd., Joyceville**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**Baby and Me:** Kingston Frontenac Public Library, Isabel Turner Branch**Date & Time:** Thursday, May 9, 10-10:30am**Location:** 935 Gardiners Rd., Kingston**Description:** Stories, songs, rhymes and tickles for newborns and pre-walkers. Parents and caregivers will learn, and practise, fun and simple ways to incorporate early literacy skills in the home. For newborns and pre-walking babies.**Rhythm and Rhyme:** Kingston Frontenac Public Library, Calvin Park Branch**Date & Time:** Thursday, May 9, 10am-10:30am**Location:** 88 Wright Cres., Kingston**Description:** Through rhythm, rhyme and movement, children three and under will naturally develop language and increase their ability to hear the smaller sounds in words. Experience hands-on play with bells, rhythm sticks, scarves, shakers and more. For ages 3 and under.**Success By 6 @ Playtrium:** Playtrium**Date & Time:** Thursday, May 9, 10am-12pm**Location:** 541 Days Rd., Kingston**Description:** Climb, crawl, slide through our multi-level play structure! Invite your friends and find out what's new! 0-6 years.**\*\*KidSplash:** YMCA**Date & Time:** Thursday, May 9 10:30-11:55am**Location:** 100 Wright Cres., Kingston**Description:** Splish and splash in our Leisure Pool during Kid Splash. Aimed for children 6 years and younger, Kid Splash offers little swimmers the opportunity to become comfortable and enjoy the wonderful world of water.

**Kids Open Gym:** Loyalist Gymnastics

**Date & Time:** Thursday May 9, 11am-12pm

**Location:** 1396 Bath Rd., Kingston

**Description:** Let's move and tumble, balance and stretch!

**REG REQ'D**

**Food for You, Food for Two:** KFL&A Public Health

**Date & Time:** Thursday, May 9, 12:30-3pm

**Location:** 465 Advance Ave., Napanee (at Lennox & Addington Resources for Children)

**Description:** Learn about healthy eating, labour & delivery, breastfeeding, care for a baby, parenting tips and much more!

**Registration Required:** 613-354-3357.

**NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Thursday, May 9, 1-7pm

**Location:** Boys & Girls Club Eas, 695 Innovation Dr., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

**NEW!**

**Mother's Day Craft and Storytime:** Addington Highlands Public Library, Flinton Branch

**Date & Time:** Thursday, May 9, 3-4pm

**Location:** 3641 Flinton Road, Flinton

**Description:** This day is all about Moms. We will be making a craft and reading some stories about Moms.

**NEW!**

**Pajama Breakfast for Supper:** McDonald's Restaurants

**Date & Time:** Thursday, May 9, 3pm-12am

**Location:** 475 Centre St. N, Napanee

**Description:** Children 0-12 yrs. of age will receive a free pancake dinner when they wear their pyjamas into the restaurant.

**Pajama Breakfast for Supper:** McDonald's Restaurants

**Date & Time:** Thursday, May 9, 4-8pm

**Location:** 705 Sir John A McDonald Blvd., Kingston

**Description:** We encourage parents and caregivers to bring your children in PJ's for dinner. Free hotcakes for children 0-6 years dressed in PJ's.

**NEW!**

**Pyjama Party at Family Fun Night:** LARC EarlyON

**Date & Time:** Thursday, May 9, 5:30-7:30pm

**Location:** LARC 465 Advance Ave., Napanee

**Description:** Wear your pyjamas! We'll be having a light party, soothing music, reading in our relaxing book corner and creating a bedtime snack.

## **REG REQ'D**

**South Frontenac Emergency and Public Works Vehicles Tour:** Public Works Yard

**Date & Time:** Thursday, May 9, 5-8pm

**Location:** 2490 Keeley Rd., Sydenham

**Description:** Enjoy an opportunity to explore inside the awesome vehicles used by the OPP, Fire Department, Paramedic Services and Public Works in South Frontenac Township.

**Registration Required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

## **Friday, May 10**

### **NEW!**

**Zoodles of Fun:** EarlyON

**Date & Time:** Friday, May 10, 8:30am-3:30pm

**Location:** Rideau Heights Public School, 77 McCauley St., Kingston

**Description:** Bring your favorite stuffy and join us for zoo themed activities.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Friday, May 10, 9am-3pm

**Location:** Bayridge Public School, 1066 Hudson Dr., Kingston

**Description:** Dig in and get dirty decorating your own pot and planting something to take home.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Friday, May 10, 9am-3pm

**Location:** Reg Shadbolt Learning Centre, 299 Concession St., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Friday, May 10, 9am-3pm

**Location:** Boys & Girls Club East, 695 Innovation Dr., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

### **NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Friday, May 10, 9am-3pm

**Location:** Boys & Girls Club West, 1300 Bath Rd., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing Healthy bodies, fun Physical Literacy activities and healthy snacks.

### **NEW!**

**The Joy of Gardening:** EarlyON

**Date & Time:** Friday, May 10, 9am-3pm

**Location:** 4365 Mill St., Sydenham

**Description:** All week we will plant seeds, discuss and learn about the flowers and learn about composting.

**NEW!****FRENCH EVENT**

**Décorez votre assiette!:** EarlyON

**Date & Time:** Friday, May 10, 9am-3:30pm

**Location:** École élémentaire catholique Mgr. Rémi-Gaulin. EarlyON, 51 rue Virginia

**Description:** Décorez votre assiette! Activités santé, nutrition, et collation. Invité special Pedayoga.

**NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Friday, May 10, 9:30am-3:30pm

**Location:** Centennial Public School, 120 Norman Rogers Dr., Kingston

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.

**NEW!**

**Come Grow with Us:** Wolfe Island Early Years Centre

**Date & Time:** Friday, May 10, 9:30am-3:30pm

**Location:** Glenburnie Public School, 2252 Battersea Rd., Glenburnie

**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies. fun physical literacy activities and healthy snacks.

**Rhythm and Rhyme:** Kingston Frontenac Public Library, Central Branch

**Date & Time:** Friday, May 10, 10-10:30am

**Location:** 130 Johnson St., Kingston

**Description:** Through rhythm, rhyme and movement, children three and under will naturally develop language and increase their ability to hear the smaller sounds in words. Experience hands-on play with bells, rhythm sticks, scarves, shakers and more. For ages 3 and under.

**\*\*Parent & Tot Swim:** Loyalist Township Recreation Services

**Date & Time:** Friday, May 10, 10-11am

**Location:** WJ Henderson Recreation Centre, 322 Amherst Dr., Amherstview

**Description:** A swim specially designed for parents and their children (6 years and under) to swim together and have some fun in the pool.

**Outdoor Adventure:** Wolfe Island Early Years Centre

**Date & Time:** Friday, May 10, 10-11:30am

**Location:** County Rd. 95, Wolfe Island

**Description:** We will be going on an Outdoor Adventure. Please dress accordingly and wear your rubber boots!

**NEW!**

**Tour the Ranch & Feed the Animals:** Second Chance Ranch

**Date & Time:** Friday, May 10, 10am-12pm

**Location:** 6038 County Rd. 2, Napanee

**Description:** Come take a tour of our ranch, bring some apples & carrots to feed our animals. Boots may be required.

**\*\*KidSplash:** YMCA

**Date & Time:** Friday, May 10, 11-11:55am

**Location:** 100 Wright Cres., Kingston

**Description:** Splish and splash in our Leisure Pool during Kid Splash. Aimed for children 6 years and younger, Kid Splash offers little swimmers the opportunity to become comfortable and enjoy the wonderful world of water

**Fun with Kingston Fire & Rescue:** City of Kingston

**Date & Time:** Friday, May 10, 1-2pm

**Location:** Frontenac Mall Parking Lot, 1300 Bath Rd., Kingston

**Description:** Come meet Firefighters and explore the big fire truck!

**REG REQ'D**

**Water Conservation Tour:** Utilities Kingston

**Date & Time:** Friday, May 10, 1-3pm

**Location:** 1211 John Counter Blvd., Kingston

**Description:** Take a tour of the Water Conservation Garden and stay for craft time.

**Registration Required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

**REG REQ'D**

**Touch the Trucks:** Utilities Kingston

**Date & Time:** Friday, May 10, 1-3pm

**Location:** 1211 John Counter Blvd., Kingston

**Description:** Check out Utilities Kingston trucks and even get a ride in a Utilities bucket truck!

**Registration Required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

**Saturday, May 11**

**NEW!**

**Caitlin's Critter Petting Zoo at Playgroup:** LARC EarlyON

**Date & Time:** Saturday, May 11, 9am-11:30am

**Location:** LARC 465 Advance Ave., Napanee

**Description:** Come join Caitlin's Critters Petting Zoo and all her animals. You will get to pet some goats, a sheep and some baby calves. If it's nice our Saturday Playgroup will be outside enjoying the Lamplighter Playground as well.

**NEW!**

**Come Grow with Us:** EarlyON

**Date & Time:** Saturday, May 11, 9am-12:30pm

**Location:** New Life Church, 2837 Creekford Rd., Westbrook

**Description:** Dig in and get dirty decorating your own pot and planting something to take home.



**NEW!****Come Grow with Us:** EarlyON**Date & Time:** Saturday, May 11, 9am-1pm**Location:** Boys & Girls Club West, 1300 Bath Rd., Kingston**Description:** All week we will plant seeds, discuss and learn about growing healthy bodies, fun physical literacy activities and healthy snacks.**NEW!****Listen & Sing Along:** Tett Centre**Date & Time:** Saturday, May 11, 10am-12pm**Location:** 370 King St., West, Kingston (Malting Tower)**Description:** Drop in and listen to the Canadian children's music performer, Gary Rasberry!**Kingston Area Recycling Centre Tour:** Kingston Area Recycling Centre**Date & Time:** Saturday, May 11, 10am-2pm**Location:** 196 Lappan's Lane, Kingston**Description:** Tours of recycling centre, chance to sit in garbage/recycle truck, prize giveaways.**Family Storytime:** Kingston Frontenac Public Library, Calvin Park Branch**Date & Time:** Saturday, May 11, 10:30-11:15am**Location:** 88 Wright Cres., Kingston**Description:** The whole family is encouraged to participate actively in stories, songs and movement activities to maximize your child's experience in learning socialization and pre-reading skills for life. For children of all ages, recommended for ages 6 and under.**REG REQ'D****Sprinkles & Frosting:** Loblaws PC Cooking School**Date & Time:** Saturday, May 11, 10:30am-12pm**Location:** 1100 Princess St., Kingston**Description:** Cupcake decorating.**Registration Required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)**NEW!****Maker Club:** County of Lennox & Addington Libraries, Napanee Branch**Date & Time:** Saturday, May 11, 10:30am-12:30pm**Location:** 25 River Rd., Napanee**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!**NEW!****Maker Club:** County of Lennox & Addington Libraries, Amherstview Branch**Date & Time:** Saturday, May 11, 10:30am-12:30pm**Location:** 322 Amherst Dr., Amherstview, ON**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**NEW!**

**Maker Club:** County of Lennox & Addington Libraries, Tamworth Branch

**Date & Time:** Saturday, May 11, 10:30am-12:30pm

**Location:** 1 Ottawa St., Tamworth

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**NEW!**

**Craft, Storytime and Fun @ Indigo Kingston:** Indigo

**Date & Time:** Saturday, May 11, 11am-1pm

**Location:** 945 Gardiners Rd., Kingston

**Description:** Storytime and crafts

**\*\*Open Swim & Water Slide:** Kingston Military Community Sports Centre

**Date & Time:** Saturday, May 11, 2-4:30pm

**Location:** 11 Navy Way, Kingston

**Description:** Bring your family and join us for an afternoon of fun while swimming in our Aquatic Center. We have a small pool, hot tub, water slide and 25m lap pool with diving board. We hope that you can join us.

**Sunday, May 12****NEW!**

**Creating in the Great Outdoors:** EarlyON

**Date & Time:** Sunday, May 12, 9am-3pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Come and create in an open-air classroom combined with fun outdoor activities.

**Kids Open Gym:** Loyalist Gymnastics

**Date & Time:** Sunday, May 12, 9:30-11am

**Location:** 1396 Bath Rd., Kingston

**Description:** Let's move and tumble, balance and stretch!

**REG REQ'D**

**Junior Music Preview:** Queen's Community Music and Sistema Kingston

**Date & Time:** Sunday, May 12, 10-11am

**Location:** Harrison LeCaine Hall, Room 228

**Description:** For children ages 4-5, with a caregiver.

**Registration Required:** 613-533-2934 or [community.music@queensu.ca](mailto:community.music@queensu.ca)

**NEW!**

**Tour the Farm & Pet the Animals:** Land O'Lakes Rescue Petting Farm

**Date & Time:** Sunday, May 12, 1-4pm

**Location:** 1200 Rd. 506, Cloyne

**Description:** Come for a tour, bring your camera, carrots and apples to feed the animals. Boots may be required. 1km off Hwy 41 on right hand side.

**Parent & Tot Skate:** City of Kingston

**Date & Time:** Sunday, May 12, 1:30-2:20pm

**Location:** Invista Centre, 1350 Gardiners Rd, Kingston

**Description:** An opportunity for caregivers to introduce children (6 yrs & under) to skating in a comfortable setting. CSA approved helmets with screen required for children. Helmets recommended for adults.

**Family Zumba:** YMCA

**Date & Time:** Sunday, May 12, 2-2:45pm

**Location:** 100 Wright Cres., Kingston

**Description:** Come dance, shake and wiggle it out in Family Zumba! Easy to follow choreography and upbeat music makes it fun for the whole family.

**Pajama Breakfast for Supper:** McDonald's Restaurants

**Date & Time:** Sunday, May 12, 4-8pm

**Location:** 7 Niagara Park Dr., Kingston

**Description:** We encourage parents and caregivers to bring your children in PJ's for dinner. Free hotcakes for children 0-6 years dressed in PJ's.