



<b>Activity Colour Code:</b> Drop-ins & Playgroups Physical Activities Learning Activities Fun Activities Environment
--

**Success By 6 Week: May 6 - 12, 2019**

“Take the time, make the moments matter.”®  
with the little ones in your life!”

This calendar represents all events confirmed before March 21. As new events are confirmed they will be added and up-to-date versions of the calendar made available for download.

**Each day during Success By 6 Week you'll find a variety of free activities throughout Kingston, Frontenac, Lennox & Addington for children, that encourage simple family fun.**

**Monday, May 6**

**NEW!**

**Go Team:** EarlyON

**Date & Time:** Monday, May 6, 2019, 8:30am-3:30pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Wear your favourite team jersey/hat and enjoy a full day of sporting fun, outdoor games and sporty activities.

**FRENCH EVENT**

**Activités:** EarlyOn

**Date & Time:** Monday, May 6, 2019, 9am-12pm

**Location:** For location call 613-542-2835

**Description:** Activités d'apprentissage, jeux, collation, surprises.

**NEW!**

**Higgly Piggly Bumble Bee:** EarlyOn

**Date & Time:** Monday, May 6, 2019, 9am-3pm

**Location:** New Life Church, 2837 Creekford Rd., Westbrook

**Description:** Come and do bee activities with me! Honey Tasting

**Rhythm & Rhyme:** Kingston Frontenac Public Library

**Date & Time:** Monday, May 6, 2019, 10am-10:30am

**Location:** Rideau Heights Branch-85 MacCauley St., Kingston

**Description:** Through rhythm, rhyme and movement, children three and under will naturally develop language and increase their ability to hear the smaller sounds in words. Experience hands-on play with bells, rhythm sticks, scarves, shakers and more. For ages 3 and under.

**Parent & Tot Swim:** Loyalist Township Recreation

**Date & Time:** Monday, May 6, 2019, 10am-11am

**Location:** Henderson WJ Recreation Centre, 322 Amherst Dr., Amherstview

**Description:** A swim specially designed for parents and their children (6 years and under) to swim together and have some fun in the pool.

**NEW!**

**Maker Club:** County of Lennox & Addington Libraries

**Date & Time:** Monday, May 6, 2019, 6:30-7:30pm

**Location:** 2832 County Rd. 1, Yarker ON

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

## Tuesday, May 7

### NEW!

**Come Grow with Us!:** EarlyON

**Date & Time:** Tuesday, May 7, 2019, 8:30am-3:30pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Dig in and get dirty decorating your own pot and planting something to take home.

**Kids Open Gym:** Loyalist Gymnastics

**Date & Time:** Tuesday, May 7, 2019, 9-10am

**Location:** 1396 Bath Rd., Kingston

### NEW!

**Colour Me Happy:** EarlyON

**Date & Time:** Tuesday, May 7, 2019, 9am-3:15pm

**Location:** Bayridge Public School, 1066 Hudson Dr., Kingston

**Description:** Explore colours in a variety of ways, parachute play

### NEW!

**Dr. Seuss Party:** EarlyON

**Date & Time:** Tuesday, May 7, 2019, 9am-4pm

**Location:** Shadbolt Learning Centre, 299 Concession St., Kingston

**Description:** Become your favorite Dr. Seuss story as we read and enjoy a silly Dr. Seuss day of fun.

### NEW!

**Joys of Songs & Rhymes:** EarlyON

**Date & Time:** Tuesday, May 7, 2019, 12:30-2:30pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Support your babies development as you and your baby learn together doing rhymes and making a book to take home Note: only for baby's under age 1.

### REG REQ'D

**Food for You, Food for Two:** KFL&A Public Health

**Date & Time:** Tuesday, May 7, 2019, 12:30-3pm

**Location:** 20 Manitou Cres. West (lower level), Amherstview

**Description:** Learn about healthy eating, labour & delivery, breastfeeding, care for a baby, parenting tips and much more! **Registration Required 613-354-3357.**

### REG REQ'D

**Marsh Dipping:** Cataraqui Region Conservation Authority

**Date & Time:** Tuesday, May 7, 2019, 3:30-4:30pm

**Location:** 1641 Perth Rd., Kingston

**Description:** Registration required: 613-546-4228 x222, registration closes at 4pm on Friday, May 3<sup>rd</sup>.

### NEW!

**Zoodles of Fun:** EarlyON

**Date & Time:** Tuesday May 7, 2019, 4pm-7pm

**Location:** Rideau Heights Community Centre, 85 MacCauley St., Kingston

**Description:** Bring your favorite stuffy and join us for zoo themed activities.

## Wednesday, May 8

### NEW!

**Colour Me Happy:** EarlyON

**Date & Time:** Wednesday May 8, 2019, 8:30am-1pm

**Location:** Kingston Community Health Centres, 263 Weller Ave., Kingston

**Description:** Explore colours in a variety of ways, parachute play (Infant Group)

### NEW!

**Little Movers and Shakers:** EarlyON

**Date & Time:** Wednesday, May 8, 9am-1pm

**Location:** Shadbolt Learning Centre, 299 Concession St., Kingston

**Description:** Enjoy a morning of song and dance and make a musical instrument to take home.

**Baby and Me:** Kingston Frontenac Public Library

**Date & Time:** Wednesday, May 8, 10-10:30am

**Location:** Calvin Park Branch, 88 Wright Cres., Kingston

**Description:** Stories, songs, rhymes and tickles for newborns and pre-walkers. Parents and caregivers will learn, and practise, fun and simple ways to incorporate early literacy skills in the home. For newborns and pre-walking babies.

### NEW!

#### BILINGUAL EVENT

**Story Party:** Kingston Military Family Resource Centre

**Date & Time:** Wednesday May 8, 10am-12pm

**Location:** CFB Kingston Batoche Community Centre, 32 Lundy's Lane., Kingston

**Description:** Come & join us for many fun activity stations, snacks, crafts, prizes and some fun surprises! It's a Story Party and our book chosen is Goodnight Already! Ca suffit, bonne nuit! Special guest \*Story time with our Base Commander!

**Play to Learn:** Kingston Frontenac Public Library

**Date & Time:** Wednesday, May 8, 10:30-11am

**Location:** Rideau Heights Branch, 85 MacCauley St., Kingston

**Description:** Move your body! Jump, skip, hop and more in our active program, Play to Learn. Through play-based activities.

### NEW!

**Teddy Bear Picnic Storytime:** County of Lennox & Addington Libraries

**Date & Time:** Wednesday May 8, 10:30-11:30am

**Location:** 322 Amherst Dr., Amherstview

**Description:** Today's the day the Teddy Bears have their picnic-join Amy for a storytime filled with stories, songs, rhymes and a simple craft.

### NEW!

**Royal Tea Party Storytime:** County of Lennox & Addington Libraries

**Date & Time:** Wednesday May 8, 10:30-11:30am

**Location:** 25 River Rd., Napanee

**Description:** Princes & Princesses come dressed in your finest & join Patricia for a storytime filled with royal stories and songs.

**Kidsplash:** YMCA

**Date & Time:** Wednesday, May 8, 11-11:55am

**Location:** 100 Wright Crescent, Kingston

**Description:** Children who are not toilet trained are required to wear water diapers or tight-legged plastic pants for swimming.

**Flower Fun:** Canadian Tire Garden Centre

**Date & Time:** Wednesday, May 8, 11am-2pm

**Location:** 2560 Princess St., Kingston

**Description:** Planting a flower to take home and watch it grow. In your garden or in your window.

**NEW!**

**Maker Club:** County of Lennox & Addington Libraries

**Date & Time:** Wednesday May 8, 6:30-7:30pm

**Location:** 2832 County Rd. 1, Yarker

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**Thursday, May 9**

**Kids Open Gym:** Loyalist Gymnastics

**Date & Time:** Thursday May 9, 9-10am

**Location:** 1396 Bath Rd., Kingston

**NEW!**

**Splish, Splosh, Bubble, Plop:** EarlyON

**Date & Time:** Thursday May 9, 9am-3:15pm

**Location:** Bayridge Public School, 1066 Hudson Dr., Kingston

**Description:** Spend a carefree time exploring the senses with your child. Dress for mess!

**NEW!**

**Indigenous Learning Day:** EarlyON

**Date & Time:** Thursday, May 9, 9am-3:30pm

**Location:** Katarokwi Learning, 38 Cowdy St., Kingston

**Description:** Come and join us for Indigenous music and dance.

**Baby and Me:** Kingston Frontenac Public Library

**Date & Time:** Thursday, May 9, 10-10:30am

**Location:** Isabel Turner Branch- 935 Gardiners Road

**Description:** Stories, songs, rhymes and tickles for newborns and pre-walkers. Parents and caregivers will learn, and practise, fun and simple ways to incorporate early literacy skills in the home. For newborns and pre-walking babies.

**Rhythm and Rhyme:** Kingston Frontenac Public Library

**Date & Time:** Thursday, May 9, 10am-10:30am

**Location:** Calvin Park Branch- 88 Wright Cres., Kingston

**Description:** Through rhythm, rhyme and movement, children three and under will naturally develop language and increase their ability to hear the smaller sounds in words. Experience hands-on play with bells, rhythm sticks, scarves, shakers and more. For ages 3 and under.

**KidSplash:** YMCA

**Date & Time:** Thursday, May 9, 10:30am-11:55am

**Location:** 100 Wright Cres., Kingston

### **REG REQ'D**

**South Frontenac Emergency and Public Works Vehicles Tour:** Public Works Yard

**Date & Time:** Thursday, May 9, 5-8pm

**Location:** 2490 Keeley Rd., Sydenham

**Description:** Enjoy an opportunity to explore inside the awesome vehicles used by the OPP, Fire Department, Paramedic Services and Public Works in South Frontenac Township.

**Registration email:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

### **Friday, May 10**

#### **NEW!**

**Zoodles of Fun:** EarlyON

**Date & Time:** Friday, May 10, 8:30am-3:30pm

**Location:** Rideau Heights Public School, 77 McCauley St., Kingston

**Description:** Bring your favorite stuffy and join us for zoo themed activities.

#### **NEW!**

**Come grow with us!** EarlyON

**Date & Time:** Friday, May 10, 9am-3pm

**Location:** Bayridge Public School, 1066 Hudson Dr., Kingston

**Description:** Dig in and get dirty decorating your own pot and planting something to take home.

#### **NEW!**

#### **FRENCH EVENT**

**Décorez votre assiette!** EarlyON

**Date & Time:** Friday, May 10, 9am-3:30pm

**Location:** École élémentaire catholique Mgr. Rémi-Gaulin. 51 Virginia rue, Kingston

**Description:** Activités santé, nutrition, et collation.

**Rhythm and Rhyme:** Kingston Frontenac Public Library

**Date & Time:** Friday, May 10, 10am-10:30am

**Location:** Central Branch- 130 Johnson Street., Kingston

**Description:** Through rhythm, rhyme and movement, children three and under will naturally develop language and increase their ability to hear the smaller sounds in words. Experience hands-on play with bells, rhythm sticks, scarves, shakers and more. For ages 3 and under.

**Parent & Tot Swim:** Loyalist Township Recreation Services

**Date & Time:** Friday, May 10, 10am-11am

**Location:** Henderson WJ Recreation Centre, 322 Amherst Dr., Amherstview

**Description:** A swim specially designed for parents and their children (6 years and under) to swim together and have some fun in the pool.

**KidSplash:** YMCA

**Date & Time:** Friday, May 10, 11am-11:55am

**Location:** 100 Wright Cres., Kingston

### **REG REQ'D**

**Water Conservation Tour:** Utilities Kingston

**Date & Time:** Friday, May 10, 1-3pm

**Location:** 1211 John Counter Blvd., Kingston

**Description:** Take a tour of the Water Conservation Garden and stay for craft time.

**Email registration required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

**REG REQ'D**

**Touch the Trucks:** Utilities Kingston

**Date & Time:** Friday, May 10, 1-3pm

**Location:** 1211 John Counter Blvd., Kingston

**Description:** Check out Utilities Kingston trucks and even get a ride in a Utilities bucket truck!

**Email registration required:** [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

**Saturday, May 11****NEW!**

**Come grow with us!** EarlyON

**Date & Time:** Saturday, May 11, 9am-12:30pm

**Location:** New Life Church, 2837 Creekford Rd., Westbrook

**Description:** Dig in and get dirty decorating your own pot and planting something to take home.

**NEW!**

**Listen & Sing Along:** Tett Centre

**Date & Time:** Saturday, May 11, 10am

**Location:** 370 King St., West, Kingston (Malting Tower)

**Description:** Drop in and listen to the Canadian children's music performer Gary Rasberry!

**Kingston Area Recycling Centre Tour:** Kingston Area Recycling Centre

**Date & Time:** Saturday, May 11, 10am-2pm

**Location:** 196 Lappan's Lane, Kingston

**Description:** Tours of recycling centre, chance to sit in garbage/recycle truck, prize giveaways.

**Family Storytime:** Kingston Frontenac Public Library

**Date & Time:** Saturday, May 11, 10:30am-11:15am

**Location:** Calvin Park Branch- 88 Wright Cres., Kingston

**Description:** The whole family is encouraged to participate actively in stories, songs and movement activities to maximize your child's experience in learning socialization and pre-reading skills for life. For children of all ages, recommended for ages 6 and under.

**KidSplash:** YMCA

**Date & Time:** Saturday, May 11, 10:30am-11:55am

**Location:** 100 Wright Cres., Kingston

**REG REQ'D**

**Sprinkles & Frosting:** Loblaws PC Cooking School

**Date & Time:** Saturday, May 11, 10:30am-12pm

**Location:** 1100 Princess St. Kingston

**Description:** Cupcake decorating. Registration required email: [associate@unitedwaykfla.ca](mailto:associate@unitedwaykfla.ca)

**NEW!**

**Maker Club:** County of Lennox & Addington Libraries

**Date & Time:** Saturday, May 11, 10:30am-12:30pm

**Location:** 25 River Rd., Napanee

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**NEW!**

**Maker Club: County of Lennox & Addington Libraries**

**Date & Time:** Saturday, May 11, 10:30am-12:30pm

**Location:** 1 Ottawa St., Tamworth

**Description:** Drop in for an exciting assortment of STEAM challenges, arts and crafts, fun and games!

**Open Swim & Water Slide: Kingston Military Community Sports Centre**

**Date & Time:** Saturday, May 11, 2pm-4:30pm

**Location:** 11 Navy Way, Kingston

**Description:** Bring your family and join us for an afternoon of fun while swimming in our Aquatic Center. We have a small pool, hot tub, water slide and 25m lap pool with diving board. We hope that you can join us.

**Once Upon a Princess: Chapters Indigo**

**Date & Time:** Saturday, May 11, To be Confirmed

**Location:** 945 Gardiners Rd, Kingston

**Description:** Story time with a princess

**Sunday, May 12**

**NEW!**

**Creating in the great outdoors: EarlyON**

**Date & Time:** Sunday, May 12, 9am-3pm

**Location:** Kingston Community Health Centres, 263 Weller Avenue

**Description:** Come and create in an open-air classroom combined with fun outdoor activities.

**KidSplash: YMCA**

**Date & Time:** Sunday, May 12, 11am-11:55am

**Location:** 100 Wright Cres., Kingston

**Kids Open Gym: Loyalist Gymnastics**

**Date & Time:** Saturday, May 12, 11am-12pm

**Location:** 1396 Bath Rd., Kingston

**Family Zumba: YMCA**

**Date & Time:** Sunday, May 12, 2pm-2:45pm

**Location:** 100 Wright Cres., Kingston