



Tuesday, May 2

Parent & Tot Swim:** City of Kingston

Date & Time: Tuesday, May 2, 9-9:55am

Location: Artillery Park Aquatic Centre, 382 Bagot St., Kingston

Description: A great way for caregivers to introduce children 6 years and under to the water in a relaxed setting. Children who are not toilet trained must wear water diapers or tight legged plastic pants.

Mixing Colours: Parent and Family Literacy Centres

Date & Time: Tuesday, May 2, 9-11am

Location: Rideau Heights Public School, 77 MacCauley St., Kingston

Description: Painting fun with blue, red and yellow at the easel. Colour fun with eye droppers, test tubes and colour swatches set up on our science cart. Colour shaker bottle to take home.

Jungle Gym Drop-In: Boys & Girls Club

Date & Time: Tuesday, May 2, 9-11am

Location: 1300 Bath Rd (Frontenac Mall), Kingston

Description: Join us in Kids Zone, our new indoor play structure where you can run, crawl and explore throughout.

Playing with Bells: Lennox & Addington Resource Centre

Date & Time: Tuesday, May 2, 9:30-10:30am

Location: Newburgh Public School Gymnasium, 19 East St., Newburgh

Description: Snack will be provided afterwards by the Newburgh Playgroup.

Jumping in the Gym: Boys & Girls Club

Date & Time: Tuesday, May 2, 9:30-11am

Location: 559 Bagot St., Kingston

Description: Join us for some jumping fun! Bounce and play with friends and family, enjoy free snacks, activities and story time.

Physical Fun: Ontario Early Years Centre, Amherstview Playgroup

Date & Time: Tuesday, May 2, 9:30-11:30am

Location: 108 Amherst Dr., Amherstview

Description: Please bring running shoes to wear and water to drink.

Hop, Jump N Play: Lennox & Addington Resource Centre

Date & Time: Tuesday, May 2, 9:30-11:30am

Location: Denbigh Community Centre Gymnasium, 31 Central St., Denbigh

Description: Please bring running shoes to wear and water to drink.

Big Body Play Gym: Parent and Family Literacy Centres

Date & Time: Tuesday, May 2, 9:30-11:30am

Location: Holy Family Catholic School, 114 Wiley St., Kingston

Baby & Me Yoga Class: Studio Yoga Yoga

Date & Time: Tuesday, May 2, 10am

Location: 48 Dundas St. E., Napanee

Rhythm & Rhyme: Kingston Frontenac Public Library

Date & Time: Tuesday, May 2, 10am

Location: Calvin Park Branch, 88 Wright Cres., Kingston

Parent & Tot Gymnastic Drop-in: Greater Napanee Gymnastics Club

Date & Time: Tuesday, May 2, 10-11am

Location: 25 Snow Rd., Napanee

Paw Patrol Party: County of Lennox & Addington Libraries

Date & Time: Tuesday, May 2, 11am

Location: Amherstview Branch, Library, 322 Amherst Dr, Amherstview

Description: Join Chase and Skye at the Amherstview Branch Library at 11am for an adventure you won't want to miss. Everyone will enjoy games, songs, books, crafts and lots of fun with Chase and Skye. This program is free and all are welcome to attend.

Kidsplash:** YMCA

Date & Time: Tuesday, May 2, 11-11:55am

Location: 100 Wright Cres., Kingston

Storytime & Crafts: Addington Highlands Libraries

Date & Time: Tuesday, May 2, 11:30am

Location: 31 Central St., Denbigh

Infant Group: Better Beginnings for Kingston Children

Date & Time: Tuesday, May 2, 12:30-2:30pm

Location: 263 Weller Ave., Kingston

NEW! REG REQ'D

Food for You, Food for Two: KFL&A Public Health

Date & Time: Tuesday, May 2, 12:30-3pm

Location: 20 Manitou Cres. West, Amherstview

Description: Learn about healthy eating, labour and delivery, breastfeeding, caring for a baby, parenting tips and much more! **Registration required 613-354-3357**

Pajama Breakfast for Supper: McDonald's Restaurants

Date & Time: Tuesday, May 2, 4:30-6:30pm

Location: 533 Gardiners Rd., Kingston

Description: We encourage parents and caregivers to bring your children in PJ's for dinner. Free Hotcakes for children 0-6 years dressed in PJ's. Crafts available.

NEW!

Farm Fresh Fun #inFrontenac: Ormsbee Mercantile

Date & Time: Tuesday, May 2, 5-7pm

Location: 3814 Battersea Rd., Sunbury


Description: Come plant a seed and take it home to watch it grow! Learn all about local farming with some of South Frontenac's awesome farmers!

LARC's Touch the Trucks: Strathcona Paper Centre

Date & Time: Tuesday, May 2, 5-7pm

Location: 16 McPherson Dr., Napanee

Description: Please bring a non-perishable food item for the local food bank.



Success By 6 Week
May 1 – 7, 2017

Each day during Success By 6 Week you'll find a variety of free activities for young children that encourage simple family fun. From free movies and swims, celebrity story time readings, moms & tots yoga, and much more.

Take the time, make the moments matter.®

Please visit www.unitedwaykfla.ca for full details.

United Way
SUCCESS BY 6™

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