



## Monday, May 1

**Fun with Puppets:** Northern Frontenac Community Services

**Date & Time:** Monday, May 1, 9:30-11:30am

**Location:** Harrowsmith Free Methodist Church, 3876 Harrowsmith Road, Harrowsmith

**Description:** This interactive activity for children and their families will involve creating puppets and enjoying a puppet show hosted by the KFL&A Public Library. Please contact 613-279-2244 for more information.

**Physical Fun at Tamworth Playgroup:** Tamworth Arena

**Date & Time:** Monday, May 1, 9:30-11:30am

**Location:** Lion's Club Room, 713 Addington St., Tamworth

**Description:** Please bring running shoes to wear and water to drink.

**Busy Feet - Outdoor Maypole Party:** Strathcona Paper Centre

**Date & Time:** Monday, May 1, 9:30-11:30am

**Location:** 16 McPherson Dr., Napanee

Please bring water to drink, sunscreen, hat and running shoes to wear.

**Books For Babies:** Kingston Frontenac Public Library

**Date & Time:** Monday, May 1, 10am

**Location:** Artillery Park Aquatic Centre, 382 Bagot St., Kingston

**Rhythm & Rhyme:** Kingston Frontenac Public Library

**Date & Time:** Monday, May 1, 10am

**Location:** Calvin Park Branch, 88 Wright Cres., Kingston

**Description:**

**Family Storytime:** Kingston Frontenac Public Library

**Date & Time:** Monday, May 1, 10am

**Location:** Isabel Turner Branch, 935 Gardiners Rd., Kingston

**Parent & Tot Swim\*\*:** Loyalist Township Recreation Services

**Date & Time:** Monday, May 1, 10-11am

**Location:** W.J Henderson Recreation Centre, 322 Amherst Dr., Amherstview

**NEW!**

**Mysterious Mixtures:** Lakeshore School

**Date & Time:** Monday, May 1, 10-11:30am

**Location:** 2312 Princess St., Kingston

**Glocca Morra Greenhouse Tour:** Glocca Morra Greenhouse

**Date & Time:** Monday, May 1, 10am-3pm

**Location:** 1632 HWY 15, Kingston (near 401)

**Description:** Have fun learning a new dance! Come play in the dirt with your little one, tour the greenhouse and take a little something home.

**Rhythm & Rhyme:** Kingston Frontenac Public Library

**Date & Time:** Monday, May 1, 10:30am

**Location:** Sydenham Branch, 4412 Wheatley St., Sydenham

**Kidsplash\*\*:** YMCA

**Date & Time:** Monday, May 1, 11-11:55am

**Location:** 100 Wright Cres. Kingston

**A Dog's Playground:** The Agility Connection

**Date & Time:** Monday, May 1, 11am-12pm

**Location:** Frontenac Mall, enter mall by Hock Shop and go left at Chit Chat Cafe, 1300 Bath Rd., Kingston

**Description:** In this activity you will learn how to approach a dog safely. See demonstrations of dogs jumping patterns, and use of tunnels, and weaves. You will also get to play games with the dogs! Races and musical mats. Then get to visit with the demonstration dogs.

**NEW!**

**Fun with Kingston Fire & Rescue:** Kingston Fire & Rescue

**Date & Time:** Monday, May 1, 12-1:30pm

**Location:** Frontenac Mall Parking Lot, 300 Bath Rd., Kingston

**Description:** Come meet Firefighters and explore the big red fire truck!

**Gymnastics:** Loyalist Gymnastics

**Date & Time:** Monday, May 1, 12:30-1:30pm

**Location:** 1396 Bath Rd., Kingston

**NEW!**

**Bollywood Dancing:** Rajita Nandyala

**Date & Time:** Monday, May 1, 1:30-2:30pm

**Location:** Frontenac Mall, (location) , 1300 Bath Rd., Kingston

**Description:** Have fun learning a new dance!

**Pajama Breakfast for Supper:** McDonald's Restaurants

**Date & Time:** Monday, May 1, 4:30-6:30pm

**Location:** 1165 Division St., Kingston

**Description:** We encourage parents and caregivers to bring your children in PJ's for dinner. Free Hotcakes for children 0-6 years dressed in PJ's. Crafts available.

### **FRENCH**

**Il était une fois... Chapeau!** Réseau régional de langue française du Sud-Est (RRLFSE)

**Date & Time:** Le lundi 1er mai, de 17:00 à 18:30

**Location:** École élémentaire catholique Mgr-Rémi-Gaulin 51, rue Virginia à Kingston

### **REG REQ'D**

**Police Station Tour:** Kingston Police Force

**Date & Time:** Monday, May 1, 5 & 6pm

**Location:** 705 Division St., Kingston

**Description:** Tour of Kingston Police Force Headquarters. **Email registration required:**

[excassist@unitedwaykfla.ca](mailto:excassist@unitedwaykfla.ca)

**Family Zumba:** Zeal Fitness

**Date & Time:** Monday, May 1, 5:15pm

**Location:** 23 Dundas St., Napanee



Mommy  
and I are  
Astronauts

## Success By 6 Week

May 1 – 7, 2017

Each day during Success By 6 Week you'll find a variety of free activities for young children that encourage simple family fun. From free movies and swims, celebrity story time readings, moms & tots yoga, and much more.

**Take the time,  
make the moments matter.®**

Please visit [www.unitedwaykfla.ca](http://www.unitedwaykfla.ca) for full details.

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**SUCCESS BY 6™**