United Way
Kingston, Frontenac, Lennox and Addington

MEETING IMMEDIATE NEEDS

ALL THAT KIDS CAN BE

Our goal is to ensure children and youth are valued and supported members of the community with opportunities and resources to help them reach their fullest potential.

Funded Agencies *10 Agencies | 14 Programs*

Big Brothers Big Sisters
Boys and Girls Club
Food Sharing Project
Girls Inc.
L&A 4-H Club
Northern Frontenac Community Services
Pathways for Children and Youth
Pathways to Education Canada
Youth Diversion
Youth Poverty Challenge

Strategic Initiatives

Caring For Others
Success By 6

HEALTHY PEOPLE, STRONG COMMUNITIES

Our goal is to improve opportunities for people to access programs and supports that empower them to overcome barriers, build resilience, reduce isolation and be part of a caring, inclusive community.

Funded Agencies *20 Agencies | 29 Programs*

211 Community Information Centre of Ottawa
Canadian Hearing Society
The Canadian Mental Health Association
Canadian National Institute for the Blind
Epilepsy South Eastern Ontario
Frontenac-Kingston Council on Aging
Independent Living Centre Kingston
K3C Community Counselling Centres
KFL&A Public Health
Kingston Interval House
Kingston Literacy & Skills
Kingston Military Family Resource Centre
Lennox and Addington Interval House
March of Dimes Canada
New Leaf Link (NeLL)
Northern Frontenac Community Services
Oasis Seniors Supportive Living Inc.
Sexual Assault Centre Kingston
Southern Frontenac Community Services
St. John Ambulance

FROM POVERTY TO POSSIBILITY

Our goal is to help people engage in their community by strengthening neighbourhood revitalization efforts, reducing poverty, and improving access to affordable housing.

Funded Agencies *10 Agencies | 14 Programs*

Dress for Success Kingston
Elizabeth Fry Society of Kingston
Kingston Community Health Centres
Kingston Home Base Non-Profit Housing Inc.
Kingston Youth Shelter
Loving Spoonful
Outreach St. George's Kingston
Ryandale Shelter for the Homeless
Southern Frontenac Community Services
St. Vincent de Paul Society of Kingston

Strategic Initiatives

Poverty Reduction Initiative
Youth Homelessness Initiative

Investing Locally

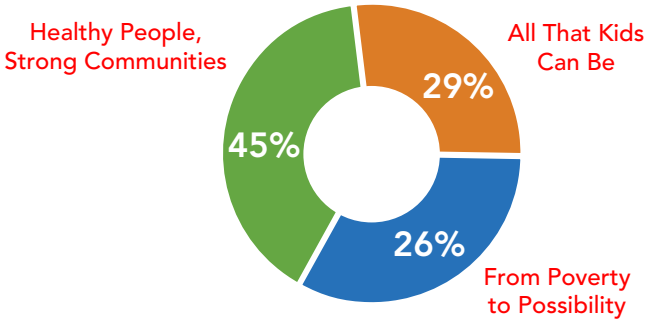
United Way 75 years caring

United Way supports a network of agencies in KFL&A. Your support helps local people live with hope, dignity and a sense of belonging.

75,000
People Helped Locally

57
Funded Programs

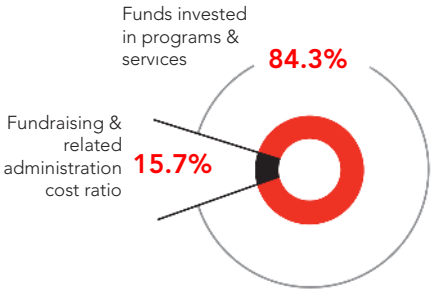
Funding Distribution by Impact Area



By the Numbers

All That Kids Can Be	Healthy People, Strong Communities	From Poverty to Possibility
• 10 Agencies	• 20 Agencies	• 10 Agencies
• 14 Programs	• 29 Programs	• 14 Programs
• Clients served: 23,156	• Clients served: 37,089	• Clients served: 14,623

We are Accountable to You



* Our fundraising and administration costs are among the lowest in the charity sector. Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is under 35%.

Voluntary Sector Reporting Awards 2014
Exemplar 2014-2017
UNITED WAY OF KINGSTON, FRONTENAC, LENNOX & ADDINGTON

Charity Intelligence Canada

To donate or for more information, contact United Way KFLA
417 Bagot Street, Kingston, ON K7K 3C1
Tel: 613-542-2674 | uway@unitedwaykfla.ca |
www.unitedwaykfla.ca