

Impact Stories

United Way funding supports a network of agencies that provide vital programs to thousands of people in the region. Last year, United Way agencies helped 75,000 clients in KFL&A through United Way funded programs.

Healthy People, Strong Communities

- Tabby and 3,500 others, accessed services by calling 211. She and 60% of callers live on low income and need help navigating services.
- Camilla, who is confined to a wheelchair, connected to appropriate support services along with 2,300 others.
- Elena lost her vision, and now with 350 others like her, has learned daily living skills including being able to travel around the community.
- Kasey and 224 others improved their literacy skills through one-to-one tutoring and group sessions.
- Daniel was one of 88 physically-disabled individuals who got help acquiring basic mobility devices.
- Martha and 297 seniors being subjected to elder abuse got help through peer support.
- 16-year-old Jasmine lost her hearing, and with 708 other Deaf or hard-of-hearing individuals, improved her coping skills through counselling and support.
- Aisha is deaf and, like 900 other Deaf individuals, was able to communicate because of ASL / English interpreting services.
- Jeff, who has epilepsy, was one of 153 people who received support and counselling.
- Kelsey, and 556 other women and their children, left violent and abusive relationships by accessing safe, emergency shelter and supports.
- Zooley and over four thousand others accessed information and referral services on mental health issues..
- Aiden and over a thousand others learned better social, relationship and coping skills by accessing affordable professional counselling.
- Liv, along with 134 other women coping with sexual violence issues, regained a sense of safety though supportive counselling.
- Justine and 142 other people throughout KFLA received immediate first-aid treatment at local events.
- Zelda and 139 low-income seniors received subsidized hot meals.
- Elijah and his family, and 32 other veterans, received long-term counselling to deal with the impact of illness or injury
- Jared and 39 others, who are blind or coping with vision loss, learned together how to use the most current technology.
- Suri was constantly in conflict with her parents and, along with 310 other children and youth, got help through youth and family counselling.
- After leaving the women's emergency shelter, Donna, and 285 other women continued

All That Kids Can Be

- 12 year-old Imari is one of 1,300 kids whose grades and behaviour improved thanks to a positive adult mentor.
- Cora was struggling at school but is now on track to graduate, along with 288 other high school students from Rideau Heights and the Inner Harbour.
- Caleb is 16 and was at risk of developing an alcohol addiction but through intervention and counselling, Caleb and 288 other kids had help to overcome addictions.
- David, like 38 other youth marginalized by homelessness and mental health issues, got back on track with professional, practical help.
- With nutritious snacks and meals provided at school, Zahra and 14,000 other students could focus on school work and learning, rather than her hunger.
- Renata and 254 other children engaged in social and educational afterschool activities in their own neighbourhoods and schools.
- Jamal, a 10 year old, enjoyed the time he spent every week with his adult mentor, as did 290 other children in the program.
- Janine was being bullied but, like 700 other girls aged 9 to 13, learned coping skills and acceptable behavior through in-school intervention workshops.

From Poverty to Possibility

- Jared Marco and 620 other adults, children, and youth who were homeless, accessed emergency shelter and had their basic needs met.
- Sloane and 2,000 low-income rural residents accessed fresh, locally grown produce.
- Kendra had a place to go and a hot meal each day, thanks to the 37,000 meals served each year by local soup kitchens.
- Sabrina is one of 3,000 of the most vulnerable people in our community who accessed free clothing and household items.
- Izzy, a young mom with two kids, struggling with managing on a low income, participated with other caregivers in prenatal, infant and parenting groups.
- Shonda's 8 year old daughter, and 891 other children of low income families, had warm boots for the winter.
- Lena and 1,100 other children from economically depressed neighbourhoods started the school year with fully equipped school supplies and backpacks.
- Rashida and 144 other disadvantaged women received professional work attire and job-related training and supports
- Jacquie got kicked out of her home. With 235 other youth, she found support and emergency shelter and returned to school.
- Liv lost most of her teeth over years of low income and health problems. She was grateful to get nutritious, healthy soup served every day at an agency.
- Florence is one of 167 high school students who learned the impact of poverty and how hard it is for low-income individuals to navigate needed social services.
- Jon and 354 other North Kingston residents with low income, were provided with support, including referrals to appropriate programs.
- Renata and 141 individuals learned to cook nutritious meals and food preservation through community cooking classes