



## Fun-filled Success By 6 Week planned for May 9 to May 15, 2011

Success By 6 Week is a fun-filled week of events and activities designed with the youngest members of our community in mind.

This annual event aims to increase public awareness about the importance of early childhood learning and care. Officially proclaimed by the City of Kingston, and the counties of Frontenac and Lennox & Addington, Success By 6 Week provides opportunities for families, caregivers, friends and neighbours to "take the time and make the moments matter" with the young children in their lives.

During this week, from May 9th to May 15th there are a number of free and low-cost activities that encourage simple family fun. Free movies and swims, fun & interactive activities at local museums, celebrity story time readings, yoga for tots and much more.

The time from conception to age 6 is a period of crucial development. This is the period when a child's physical growth, emotional attachments, attitudes, behaviours, language and motor skills develop. Success By 6 reminds people in our community about the importance of early childhood learning and making children a priority in our community.

### Success By 6 Week Activities — May 9th-15th 2011

Physical Activities, Learning Activities, Entertainment, Other Fun Activities, Drop-ins & Playgroups

All playgroups are geared to families with children birth to age 6 unless otherwise stated.

**Available all week or on multiple days:**

Drop in Playgroups: Mon- Fri, for children ages 0-6 at Wolfe Island Early Years Centre. Located at 57 Highway 95, Wolfe Island. From 9am-12pm

Tumble Time: Mon-Fri, YMCA. Free for parents/caregivers & preschool children. Come dance, climb & play! 100 Wright Cres. 10-11am

Kids Splash: Mon-Fri, YMCA. Free swim for parents/caregivers & their preschool aged children. 100 Wright Cres. 11-11:55am

A Minute to Win it! By The Child Centre, Sharbot Lake Crafts & memory making activities. 9:30-11:30am Info: 613-279-2244. Mon: The Child Centre, Sharbot Lake & Free Methodist Church, Harrowsmith. Tues: Trinity United Church, Verona & Perth Road Public School. Wed: Grace United Church, Sydenham. Thurs: Storrington Public School

Free Drop-In Playgroups: Ontario Early Years Centre, Kingston & The Islands. Mon, Tues, Thurs: 9:15-11:45am at 1066 Hudson Dr. 613-384-1231; Wed & Fri: 9-11:30am at 930 Woodbine Rd. 613-384-5051; Tues to Fri: 9-11:30am at 380 Bagot St. 613-542-6557

Yamaha Junior Music: Queens Conservatory of Music, Harrison-LeCaine Hall, 39 Bader Lane, room 229. Kids aged 4-5. Registration required: 613-533-2934. 1 adult per child required. Info at: www.queensu.ca/qcm. Tues: 4:30-5:30pm. Thurs: 4:30-5:30pm. Sat: 2-3pm

TLC (Teens Loving Children): Under 24 years and parenting or pregnant, Make handprints & footprints of your child. Meal provided. Monday: 380 Bagot St. 3-5pm. Thurs: 900 Montreal St. 2-4pm. Info: Better Beginnings 613-542-2835.

KFL&A Trails: Maps available at www.trails-at-a-glance.ca or call 613-549-1232 for more info.

Drop-ins & Playgroups: Kingston Military Family Resource Centre. CFB Kingston, Batoche Community Centre. Info: 613-541-5010

Drop-ins & Playgroups: Lennox & Addington Resources for Children, Napanee. 1178 County Rd. Info: 613-354-6318

**Monday, May 9th, 2011**

Kingston Standard Church: Free playgroup. 1185 Sunnyside Rd. 9:30-11:30am

Kingston East Playgroup: Free. 32 Lundy's Lane. 9:30-11:30am

Kids Can Print: By Marianne Hall. Kingston Standard Church, 1185 Sunnyside Rd., Kingston. 9:30-11:30am

Free Swim: Parents/Caregivers & Tots 0-6yrs. Greater Napanee Indoor Pool. 10-11am

Celebrity Reading: Indigo, 259 Princess St. Readers from Rogers Radio Group Kingston & Corus Entertainment. 10am-12pm

Toddler Tales: Stories & songs. Camden East Branch Library. Caregivers & tots 1-4yrs. 10:15-10:45am

Free Swim: Parents/Caregivers & Tots 6yrs & under: WJ Henderson Pool, Amherstview. 10:30-11am

**Tuesday, May 10th, 2011**

Jumping in the Gym: Boys & Girls Club, Robert Meek Centre. Free snacks, crafts, story corner and games in the gym, 559 Bagot St. 9:30-11am

Kingston Standard Church: Free playgroup. 1185 Sunnyside Rd. 9:30-11:30am

Glenburnie Public School Playgroup: Free. 2254 Battersea Rd. room 6. Register at school reception. 9:30-11:30am

Kindermusik: Martha Cooper, Wolfe Island Early Years Centre. Sacred Heart Catholic School, 57 Hwy 95, Wolfe Island. 10am

Free Swim: Parents/Caregivers & Tots 6yrs & under. Artillery Park, Kingston. 10am-11am

Celebrity Reading: Indigo, 259 Princess St. Readers from CHUM Radio Kingston, 10am-2:30pm

Babies-on-the-move: Free playgroup, 1066 Hudson Dr. 613-384-1231. Children between 9 & 18 months. 1:15-3:15pm

A Visit to the Pond: Dipping for Pond Creatures. Little Cataraqui Creek Conservation Area, Division St., Kingston North of 401. Children must bring an adult. Outdoor program rain or shine, rubber boots recommended. Space is limited. Register by May 9th, 613-546-4228 x.221. Free. 3-4pm

Arts & Crafts: McDonalds two locations (Division & Hwy 401) & (2658 Princess St @ Midland Ave.) 4-7pm

Infant Group: Better Beginnings for Kingston Children, 900 Montreal St. Expecting parents or parents with babies under 1 year old. Lunch & Women's Health Discussion with our Community Health Nurse. For info call 613-542-2845. 12:30-2:30pm

Touch the Trucks & Free BBQ: Dad's & their children at LARC, Ontario Early Years Centre, Napanee 613-354-6318. Drivers will give tours of vehicles. Children can sit inside. 5-7pm

Bedtime Stories & Snacks: Yarker Branch Library. Children can bring a bedtime friend & wear PJ's. 6:30pm

**Wednesday, May 11th, 2011**

Plant a Seed Playgroup: parents of children 0-3yrs. Bring your garden gloves. Better Beginnings for Kingston Children, 900 Montreal St. Info: 613-542-2845. 9-11am

Kingston East Playgroup: Free. 32 Lundy's Lane. 9:30-11:30am

Les p'tits bouts de chou: 1066 Hudson Drive. 613-384-1231. Pour les familles avec les enfants qui ont 0-6 ans. Les activités prévues vont promouvoir "Prenez le temps de créer des souvenirs". 9h30 à 11h30

Celebrity Readings: Indigo, 259 Princess St. Readers from CORUS. 10am-12pm

Simple Stories: Amherstview Branch Library. Real puppy named "Rascal" coming to join. 10:30-11:30am

Free Children's Movie: Boulevard Cinema, Napanee. For parents/ caregivers & children up to 6yrs. Two show times: 1pm & 3:30pm

Peek-a-Boo Baby: Free playgroup for children 0-12 mos. 1066 Hudson Dr. 1:15-3:15pm & 380 Bagot St. 1:30-3:30pm

Putt & Blast at Frontenac Mall: Max of 4 children (up to 6 years) play 3D Mini-Putt free, with paying/participating adult caregiver. Cost \$10

**Thursday, May 12th, 2011**

Jumping in the Gym: Boys & Girls Club, Robert Meek Centre, 559 Bagot St. Free snacks, crafts. 9:30-11am

Little Ducks Crafts & Songs: Better Beginnings for Kingston Children, 900 Montreal St. Toddlers 1-2 years. Info: 613-542-2845. 9:30-11am

Cooke's Playgroup: Free. Portsmouth United Church, 200 Norman Rogers Dr. 9:30-11:30am

Storytelling with James Kirkham: Wolfe Island Early Years Centre, Sacred Heart Catholic School, 57 Hwy 95, Wolfe Island. 10am

Nature Mobiles, Printmaking & Kids Exhibit: Free. MacLachlan Woodworking Museum, 2993 Hwy 2, Grass Creek Park. 10-11am

Celebrity Reading: Indigo, 259 Princess St. Print media & others. 10am-12pm

Free Swim: Parents/Caregivers & Tots 6yrs & under, Artillery Park, Kingston. 10-11am

Puppy Tales: Napanee Branch Library. Ages 3-5yrs. Stories, games, songs, & crafts with Matisse the puppy. 10:30am

Free Swim: Parents/Caregivers & Tots 0-6yrs. Greater Napanee Indoor Pool. 11am-12pm

Free Swim: Parents/Caregivers & Tots 6yrs and under, CFB Kingston Military Community Sports Centre, 4:30-5:45pm

Bedtime Stories: Odessa Library. Children can come dressed in PJ's and bring a bedtime friend. Snacks provided. 6pm

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**Friday, May 13th, 2011**

Henderson Playgroup: Free. 180 Henderson Blvd. 9:30-11am

Trains at the Pump House Steam Museum: Learn about and build trains. Enjoy train stories. 23 Ontario St. 10-11am

Funny Bone Friday: Museum of Health Care. Ages 0-6 (with adult). \$3/child (adults free). Registration required 613-548-2419 or museum@kgh.kari.net. Stories, handprint art, and look at real bones. 32 George St. 10-11am or 2-3pm

Celebrity Reading: Indigo, 259 Princess St. Readers from Kingston Writersfest. 10am-12pm

Start with Art: Agnes Etherington Art Centre, Tour, art-making & story. Registration required 613-542-2674. \$4/adults, \$2.50/seniors, kids free. University Ave. at Badar Lane. 10am-12pm

Free Swim: Parents/Caregivers & Tots 6yrs & under, WJ Henderson Pool, Amherstview. 10:30-11am

Family Game & Popcorn Night: The Rocking Horse Toy Store. Free. RSVP: info@therockinghorse.ca. 6:30-8pm 160 Princess St.

**Saturday, May 14th, 2011**

Make the Moments Matter: Free Fun & Games with Breakfast and Musical Entertainment. Parents & children 0-6. 1066 Hudson Dr. Info: 613-384-1231. 9am-12pm

Family Recreation: for children up to 6: Free. 930 Woodbine Rd. 9:30am-12pm

Cruickshank Sand Box Day: Rain or Shine. Fill bags with sandbox sand for \$10 donation to Success By 6. Cataraqui Town Centre, North West parking lot, Kingston. 9am-1pm

Rolling on the Runway: Norman Rogers Airport: walk, bike, roll on the tarmac. Free family event. Cycling safety. 10am-1pm

Energy House: St. Lawrence College, 100 Portsmouth Ave. Learn about green energy & our gardens. Free. 11am-1pm

Gardening: Kids 0-6 make a hanging basket for mom, free: Canadian Tire Cataraqui, Garden Centre. 10am-12pm

Touch the Trucks & Free BBQ: Dad's & their children at Township Recreation Centre, Flinton 613-354-6318. Drivers will give tours of vehicles. Children can sit inside. 10am-12pm

Free Cupcake Decorating: Loblaw's Cooking School 1048 Midland Ave, Kingston. 10am-12pm. No registration required.

Kids Can Print: By Marianne Hall. KFP Library, Central Branch, 130 Johnson St. 11:30-1:00pm

Free Swim: Parents/Caregivers & Tots 0-6yrs. CFB, Kingston Military Community Sports Centre. 4-5pm

Yoga for children. Join Sarah at Life Yoga Ages 3-6. 235 Gore Road Unit 6, Kingston, 3:30 - 4:30pm

The first six years in a child's life are the most important. We all have a role in raising happy, healthy children. And the simple things can make a big difference.

Take the time,  
 make the  
 moments matter.®

For more information call us at (613) 542-2674 or go to [www.successby6kfla.ca](http://www.successby6kfla.ca)