



**United Way**  
Kingston, Frontenac  
Lennox and Addington



## What we mean by Community Impact

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Since 1941, our United Way has worked to strengthen lives by bringing together the financial resources of the region – business, labour, individuals, government, and funders - in support of a network of social service and health agencies. Through these agencies and their programs, people found help and, in many cases, opportunity for a better life.

While we remain committed to this very important work, we recognize that we, as a community continue to face complex social challenges.

We know that early development is the key to prevention. We know that our communities have a number of youth who find themselves in difficult situations, often making choices that have serious consequences for them and their families. We know that many in our community struggle to make ends meet.

Through research and analysis, we know there are neighbourhoods in our community that need help. Often in these neighbourhoods, youth are not engaged, leaving them vulnerable. Children frequently go to school hungry, and with parents working multiple jobs to make ends meet, are left unattended after school.

We are aware that homelessness is an issue in Kingston, Frontenac, Lennox and Addington (KFL&A). Our community plan on homelessness has identified a

number of the challenges faced by those who suddenly become homeless, due to a sudden illness, changes in their family or employment situations.

To address these challenges, United Way needs to tackle the root causes, needs to understand social trends and needs to identify partners who will help with what are often very complex issues.

To do so, **in addition to** funding programs and services delivered by funded agencies, we are working on a second approach. This model focuses on mobilizing people from all walks of life and gathering resources through unique engagements, volunteerism and partnerships.

Our United Way is working closely with key partners, individuals and organizations to develop a long term strategy to address many of these issues. Our partners come from the community including education, government, policy-makers, businesses, labour, not-for-profits and others working together to change the conditions of individuals, neighbourhoods and the community. This approach is what we call **Community Impact**.

We achieve impact through a process of determining long-term community goals with our partners, deciding how we will measure success, implementing the right strategies, and measuring results over time

# Key Messages

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## 1. United Way provides opportunities for people to care for one another

- We are efficient, effective, accountable, ensuring that maximum resources are available for local services
- We build capacity in the non-profit sector by providing organizational and support services to voluntary organizations in KFL&A
- We promote voluntarism and support the ability of not for profit organizations to access a pool of volunteers, also providing opportunities for individuals to provide their skills and expertise to local organizations

## 2. We make a difference every single day (individual level)

- We strengthen individuals, families and communities by supporting local programs and services that improve people's lives
- Through United Way's Community Investment Fund, we meet **immediate needs** by providing stable funding to a strong network of frontline agencies
- Recognizing the ever-changing needs of agencies and the community, we provide grants through the year

## 3. We're also working to address the root causes of social issues (systemic level)

- It takes the **whole community** working together to identify issues and change social conditions
- Our goal is to create lasting change, to fulfill long-term needs and to strengthen not only individuals but whole communities
- We achieve impact by working with others to determine root causes of social issues, investing resources strategically and then measuring the results over time
- Our vision is a community with neighbourhoods that are healthy, vibrant places to work and live, where our young people get the best start in life with opportunities for success in a safe, child-friendly, learning environment

## 4. We bring people together from all walks of life to build a stronger community (engagement)

- We bring people from across the community together in common purpose, raising funds and finding resources to support local needs
- We're building a brighter future for all by working in partnership with other organizations and all levels of government to find local solutions that address social issues

We invite you to make a difference first-hand. Together, we will be part of a vibrant region with engaged residents and a strong network of care. Together, we will bring lasting, positive change to help people live with hope, dignity and a sense of belonging

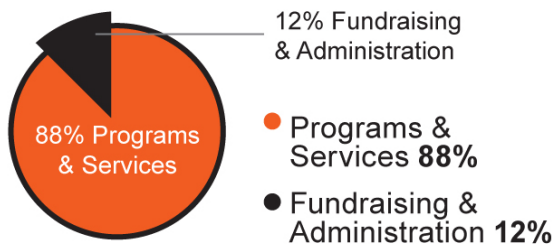
# Appendix A: Supporting Messages

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## 1. United Way provides opportunities for people to care for one another

### Supporting Messages:

- Annual campaign: Every year, thousands of volunteers come together to raise funds for services that benefit their family, friends and neighbours. Individuals, employees, business, workplaces and labour join forces, united in a common cause – to build a stronger community and demonstrate their spirit of giving
- Efficiency: At the United Way, we promote responsible stewardship of our community’s resources. Our fundraising and administration costs are among the lowest in the charity sector. In 2010 they were 12%, well below the average cost of fundraising and administration.
- Our United Way also actively solicits in-kind donations, sponsorships, pro-bono services and the support of over 2,000 volunteers to keep expenses as low as possible - and ensure that as much as possible of every dollar goes directly to the communities we serve.
- Stewardship: United Way is committed to transparency and accountability throughout our organization. Our United Way is a member of Imagine Canada's Ethical Code and adheres to the national United Way standards for transparency, accountability and reporting.



- Annual investment decisions are determined by United Way’s research and managed through an intensive volunteer review process. Each year, volunteer panels of citizens from across the area review and make funding recommendations to United Way’s board of directors. These volunteers play an important role in ensuring donor dollars are invested as efficiently and effectively as possible

## 2. We make a difference every single day

### Supporting Messages:

- The United Way invests in programs and services that have a wide range of impact.
- When you give to United Way's Community Investment Fund, you support a network of agencies that provide vital social services to thousands of people throughout the region – single parents, abused women, young children and teenagers, the elderly, the physically challenged, the homeless.
- This base support of funding provides stability and allows agencies the flexibility to develop and respond to the emerging needs of the communities they serve. It also allows them to make long-term plans, knowing they have a stable source of funding.
- In addition to funding through the Community Investment Fund, United Way offers one-time grants to agencies. These grants provide one-time support for capital and program needs, enabling agencies to respond to new emerging needs and issues, often leveraging other sources of funding.
- We strengthen the voluntary sector by providing training and workshops to local volunteers and board of directors. Our Volunteer Leadership Development Services program provides workshops and custom training sessions to non-profit organizations throughout KFL&A.
- This year, in response to an identified gap in services, the United Way has introduced *United Way Volunteer Services*. This no-fee service will enable all not-for-profit organizations to seek volunteers and will allow volunteers to seek out meaningful volunteer opportunities for themselves.
- 211 is an easy to remember telephone number that provides access to information about social, health and government services in our community. Services are provided by trained information specialists who assess each caller's needs and link them to the best available information or service. 211 is now available to all residents of KFL&A through a partnership arrangement between 211, all 3 levels of government and the United Way.

#### Examples

- Funded agencies
- Grants
- 211
- Leadership Development Services
- United Way Volunteer Services

Based on research and community consultations, United Way focuses its funding on the following impact areas:

<b>Impact Areas</b>	<b>Target Population</b>	<b>Goal</b>
<b>Belonging to Community:</b> <i>From Poverty To Possibility</i>	<ul style="list-style-type: none"> <li>• Poverty</li> <li>• Homelessness</li> <li>• Neighbourhood</li> </ul>	<i>To help people engage in their community by strengthening neighbourhood revitalization efforts, reducing poverty and improving access to affordable housing</i>
<b>Turning Lives Around</b> <i>Healthy People, Strong Communities</i>	<ul style="list-style-type: none"> <li>• Vulnerable people</li> <li>• People with barriers, mental health, in need of support</li> <li>• Seniors</li> <li>• Victims of violence &amp; abuse</li> </ul>	<i>To improve opportunities for people to access programs and supports that empower them to overcome barriers, build resilience, reduce isolation and be part of a caring, inclusive community</i>
<b>Growing Up Great</b> <i>All that Kids Can Be</i>	<ul style="list-style-type: none"> <li>• Early years</li> <li>• Children &amp; families</li> <li>• Youth</li> </ul>	<i>To ensure children and youth are valued and supported members of the community, with opportunities and resources to help them reach their full potential</i>

### 3. We're working to address the root causes of social issues

- Our Community is a vital, vibrant place. Our most pressing needs change from season to season, from year to year. United Way works with the community to identify issues that matter the most to the people of KFL&A, now and in the future.
- United Way invests in research to identify the challenges facing our community. We collect data, consult with the community and research best practices to develop reports on issues that we believe are critical in the community.
- United Way's **Action for Neighbourhood Change**, a poverty reduction initiative, brings the City of Kingston, community groups and individuals together to engage residents and revitalize neighbourhoods. By creating a Residents Advisory Group and working with a Community Advisory Group, the United Way facilitates a process with long-term goals to develop leadership in a high-needs neighbourhood.
- The United Way has been working with community partners on the issue of homelessness. The United Way coordinated "**A Place First**", a **Community Plan on Homelessness and Affordable Housing in Kingston**. The United Way and the City of Kingston are working together to implement the recommendations from this plan. These include recruiting and coordinating a Community Leadership Group, an Intensive Case Management Committee and supporting the Community Advisory Board.
- The United Way also facilitated the **L&A Report on Homelessness**. This has helped the L&A community develop action plans to address the issue of rural homelessness.
- The United Way is currently working with the City of Kingston and the Community Roundtable on developing a **Poverty Reduction Plan**. Through community consultations, conversations and thoughtful recommendations, the process will facilitate the development of strategies to address poverty.
- The United Way coordinated the Community Profiles report, providing data and research to help service providers and planners identify areas of strength and vulnerability in the population children and youth. It includes 35 indicators that measure how well children and youth are doing in various neighbourhoods across the Southeast region of Ontario.

#### Examples:

- North end revitalization
- Early Years: Success By 6
- Planning & Research:
  - "A Place First", Kingston Plan on Homelessness and Affordable Housing
  - L&A Plan on Homelessness and Affordable Housing
  - Community Profiles for Southeastern Ontario

## 4. We bring people together from all walks of life to build a stronger community

### Supporting Messages:

- United Way is in a unique position to bring together our communities resources. We've created opportunities to help individuals experience the difference first hand.
- We all know that it takes a community to raise a child. Through **Success By 6**, funds are distributed to support early childhood development, parenting, transportation and access to programs designed for children 0-6 years, their parents and caregivers.  
  
Success By 6 works with individuals and partner groups to focus on children 0-6 years, their parents and caregivers across the region. The goal is to make KFL&A child friendly. Through an awareness campaign. "Take the time, make the moments matter™"  
  
• **United Way Day of Caring** is an opportunity for volunteers in the workplace to connect with their local community. On this day, employees from local workplaces head out to not-for-profit agencies in KFL&A. They work on specific projects and learn about local services. It's a win-win for all – agencies get much needed work and repair completed and volunteers get to learn about their community through a hands-on experience. Teambuilding is a secondary effect of working together on a project in a completely different environment.
- **Seeing is Believing Tours** The "Seeing is Believing" bus tour provides volunteers and donors with an opportunity to see first hand the impact of their donations in the community as they visit local agencies and programs. They get a chance to meet the front line workers who deliver the programs as well as the recipients who benefit from the services.
- "Take the time, make the moments matter™" By working towards making KFL&A child friendly, we hope to increase the time parents and caregivers spend with their children. A "child friendly" focus is designed to heighten awareness about the importance of early childhood learning and care, ensuring that our young children are a priority in our community.
- **Next Gen** is a new initiative in 2011, creating an opportunity for young professionals, 25 to 40 years old, to come together and ensure that the United Way continues to be a charity that is relevant to future generations.

### Examples:

- Success By 6
- Seeing is Believing Tours
- Day of Caring
- NextGen

## Appendix B: Impact of Your Donations

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Donations to United Way serving KFL&A impact the lives of thousands of people every year. The following is a brief list of examples that show what a difference United Way and its member agencies made in just one year

### **Belonging to Community:** *From Poverty to Possibility*

Thanks to your generosity:

- 375 kids stayed comfortable, healthy and warm this winter by being provided with winter boots.
- 450 kids started the school year off right with school supplies and backpacks.
- Over 33,000 meals were served and groceries made available to the most vulnerable people in our community, improving their nutrition and food security.
- 1,039 people found stability with a place to call home through emergency, transitional or permanent housing.
- 171 homeless kids and adults had the basic necessities provided and a place to sleep.
- 97 homeless youth and adults learned to live independently through supported, transitional or permanent housing
- 130 low-income or working-poor families were able to keep the heat on in the winter.
- 210 homeless youth between the ages of 16 and 24 found emergency food, shelter and supports to help them get back on their feet.
- 260 people got first-aid treatment at local events with the help of trained volunteers
- 1,172 women who faced financial and social barriers after coming into conflict with the law were assisted with rebuilding their lives in a safe, supportive environment
- 47 low-income adults were able to improve their health through access to dental services

## **Turning Lives Around: *Healthy People, Strong Communities***

Thanks to your generosity:

- 487 deaf or hard-of-hearing people learned to improve their coping skills through counseling and supports.
- 7,100 kids, teachers and caregivers learned about positive mental health and emotional well-being through creative programs.
- 266 people with vision loss were able to maintain their independence and stay active by learning daily living skills, specialized vision skills and safe indoor and outdoor travel methods.
- More than 200 seniors found a new sense of safety with the help of peer support for elder abuse.
- 268 physically disabled kids and adults were able to move more freely after acquiring basic mobility devices.
- 564 women and their kids were able to start again, free from violence and abuse with the help of safe accommodation, counseling and supports
- 188 people living in rural and isolated communities enhanced their well-being with help for family or personal issues through free local counseling and social programs.
- 54 women who were victims of sexual violence improved their coping skills with emergency, crisis and short and long-term supportive counseling.
- 224 aboriginal people made positive and healthy life choices after accessing traditional, culturally appropriate programs.
- 353 people improved their literacy skills and gave themselves a chance to earn more money, improve their health and enjoy a stronger future.
- 100 people had help coping with the diagnosis of a terminal illness or the loss of a loved one with information materials on bereavement and palliative care.
- Over 4,100 kids and youth stayed healthy and learned new skills as they took part in recreational sports programs.

## **Growing Up Great: *All That Kids Can Be***

Thanks to your generosity:

- 1,427 children and youth had the opportunity to develop confidence and learn new behaviours, attitudes and social skills through educational, social and recreational programs.
- 12,000 elementary and high school students had nutritious in-school snacks and meals, which helped them improve their concentration and engagement.
- 215 at-risk youth learned new coping skills, strategies, behaviours and attitudes through early intervention programs.
- 499 girls between the ages of 9 and 13 developed healthier behaviours and attitudes and improved their social skills, self-esteem and confidence by taking part in specially-designed workshops.
- 761 youths between the ages of 9 and 19 received counseling and intervention support for gambling and substance abuse, enabling them to make better life choices..
- 221 kids developed healthy attitudes and social skills through positive relationships with adult mentors.
- 128 children in Lennox & Addington had access to transportation, enabling them to attend summer camp to improve their literacy and social skills.
- 117 low-income adults and kids in Napanee strengthened their sense of belonging by taking part in affordable family-oriented community activities.
- 26 young children took part in age-appropriate programming that helped them develop their physical, mental and emotional health and wellness.
- 54 kids, including kids with special needs, developed cognitive, social and emotional maturity through programming activities that promote exercise and cooperation with others.

## Appendix C: Examples

### **Belonging to Community: *From Poverty to Possibility***

#### **Kingston Youth Shelter**

It's easier to change the path of a youth who finds themselves homeless than it is to rehabilitate a chronically homeless adult. Kingston Youth Shelter aims to keep vulnerable youth for whom homelessness may not yet be ingrained, away from the older, more streetwise homeless population. At Kingston Youth Shelter, homeless youth aged 16-24 receive safe emergency shelter, basic needs, and develop daily life skills to help them live independently and make positive choices towards their future.

#### **Loving Spoonful**

The continued and steady rise in cost of fresh produce has had a direct and severe impact on low-income households in our community, sending more people, more often, to food banks, meal programs and shelters. Loving Spoonful is addressing the growing problem of hunger and food security in Kingston by increasing access to healthy food in an environmentally sustainable way. Every year thousands of pounds of fresh high-quality surplus commercial food is distributed to more than 15 local meal programs and shelters through Loving Spoonful's food reclamation project. The Grow-A-Row program encourages local gardeners to plant and donate extra produce to meal and food providers. In addition, Loving Spoonful's community kitchens and education programs teach children and adults alike about healthy eating, gardening skills, and how to preserve surplus produce for use in meals.

#### **Ryandale Shelter for the Homeless**

The true faces of poverty are men, women and children who, for any number of circumstances, have found themselves homeless. Each year hundreds of individuals and families in crisis find shelter and support at Ryandale Shelter for the Homeless. In a non-judgemental homelike atmosphere, they receive a safe place to stay, two nutritious meals each day and information about community resources to help them establish a more stable and secure life for themselves.

### **Turning Lives Around: *Healthy People, Strong Communities***

#### **Canadian Mental Health Association**

One of the biggest barriers to seeking help for mental health problems is the perceived stigma associated with any emotional disorder or mental illness. Through information and referral services, community workshops, creative programs for children, teachers and caregivers, and direct service and supports for individuals and families, CMHA reaches thousands of individuals of all ages in our community to assist them in enhancing or maintain their mental and emotional well-being.

#### **Canadian National Institute for the Blind**

The socio-economic impact of vision loss is far reaching. From high unemployment, poverty, increased usage of health and social services, premature admission to nursing homes, social and physical isolation and emotional distress. With the support of CNIB services, individuals with vision loss maintain their independence, allowing them to remain active and engaged in daily activities, which are key factors for enjoying a good quality of life.

### **Frontenac-Kingston Council on Aging**

Seniors face many issues as they age including isolation, poor health and nutrition, safety, and more. Programs offered through Frontenac-Kingston Council on Aging help to address these issues by providing support through elder abuse prevention, peer to peer telephone support, educational workshops about community services, information to help families navigate the health care and legal systems, and the continued coordination and expansion of the locally developed Oasis Supportive Living Program. The Oasis model provides support to residents of existing seniors' apartment buildings through the provision of an onsite personal support worker, hot meals, exercise and social programs. Seniors are able to remain living in their own home longer, benefiting from an enhanced quality of life and leading safer, healthier, more rewarding and engaged lifestyles. Our entire community benefits by reduced use and cost of Alternative Level of Care hospital beds and requests for early admission to long term care homes.

### **Kingston Interval House, Lennox and Addington Interval House**

Statistics show that one out of four Canadian women is a victim of violence. Issues of poverty and lack of safe and affordable housing cause many women to return to violent situations. Through the provision of safe, secure shelter, support services, and transitional second-stage housing by Kingston Interval House and Lennox and Addington Interval House, women and their children have the opportunity to rebuild their lives free from domestic violence and abuse.

### **Kingston Literacy**

A recent report indicates that 48% of adults in Kingston and area function at or below a grade 9 level. In today's information-rich society, people with low literacy skills face greater health, safety and economic challenges, significant barriers to obtaining sustainable employment, and daily living. By accessing the services of Kingston Literacy, adults who experience difficulty with literacy can improve their skills and self confidence and increase their hope for a better future.

### **Growing Up Great: *All That Kids Can Be***

#### **Boys & Girls Club of Kingston and Area**

The after school hours, also called "critical hours", are described as the most potentially dangerous times in a young person's day. Young people with nowhere to go are more likely to experience trouble with the law, drop out of school, and engage in risky and destructive behaviours. They are also at greater risk for poor mental and physical health. The Boys and Girls Club House Program provides children and youth with a safe place to participate in a variety of educational and recreational programs. Through structured activities such as art club, cooking club, computer and homework club, youth improve their social interaction and life skills, develop positive mental and physical health, increase their confidence and self-esteem, and have opportunities to reach their full potential.

#### **Girls Inc.**

Girls and young women in our community experience a myriad of issues including housing, finances, poor self esteem, learning, behaviour and eating disorders, violence and abuse. Girls Inc. inspires all girls to be strong, smart and bold. Through long-term prevention and intervention based programs, and the friendship and guidance of responsible, mature and caring women, girls age 9-14 years are supported in their emotional, physical and social well-being to develop healthier behaviours and attitudes. With improved social skills, self esteem and confidence, they are better able to cope with life's challenges.

**Food Sharing Project**

Research shows that hunger is a barrier to learning and teachers know this only too well. Pupils who go to school hungry often exhibit lethargy, irritability, aggression, poor problem solving abilities, below average grades and low self esteem. Last year over 12,000 elementary and secondary school children in the Limestone District and the Algonquin and Lakeshore Catholic District School Boards received a healthy breakfast, lunch or nutritious snack through 130 programs delivered by the Food Sharing Project resulting in improved behaviour, engagement and learning in school.

**Youth Diversion Program**

At-risk and delinquent youth pose a unique challenge due to the complexity of their issues, the difficulty in encouraging them to seek support and to participate in programs and services. Through prevention and early intervention programs, youth in conflict or at risk of being in conflict with the law learn to take responsibility and make amends for their actions. Youth engaged in substance use, gambling, and gaming receive support through a harm reduction approach that increases healthier behaviours and attitudes to make positive changes in their lives.

## Appendix D: Testimonials

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### **Belonging to Community: *From Poverty to Possibility***

#### **Kingston Youth Shelter**

“My son is diagnosed with an intellectual disability and adjustment disorder. He experienced severe abuse as a child. As a result he ended up on the street, dropping out of school and wandering the streets without purpose. Many professionals tried to help but could not achieve any success. The only person who was able to approach my son was a Kingston Youth Shelter Senior Counsellor”

“Now my son is not only back at home, but back at school. His average is 80%! Thank you to your wonderful personnel and the help and support they offered my son.”

*“Thank you” letter written by the mother of a Kingston Youth Shelter resident.*

#### **Ryandale Shelter**

\*Michael and \*Norman met at Ryandale Homeless Shelter and found they had a lot in common: life snuck up on them before they realized. For Michael, the loss of a job and money mismanagement and a disagreement with a landlord meant losing his apartment. The series of events and a severe bone infection triggered old problems with depression. Norman fell into depression following a lapse into addiction. During the depression he also developed serious health concerns. Their commonalities led them to become friends and eventually housemates. Their greatest joint concern was their ability to find housing and how much support they would receive during their search. They put some of their fears to rest by remembering Ryandale Homeless Shelter is a United Way Member Agency. They saw first hand how other agencies benefitted from the United Way and felt sure Ryandale with United Way support would be willing and able to help while they located a home.

Now Michael and Norman share a nice apartment. They are coping with health problems, learning to budget finances and enjoying life. They know their lives are more promising because funding received from the United Way allows Ryandale Homeless Shelter to take that extra step to help people.

### **Turning Lives Around: *Healthy People, Strong Communities***

#### **Canadian Mental Health Association Children’s Mental Health Programs**

“I am a single mother of two children who lives in Kingston. Two years ago my husband died of a brain tumor. Several months after that, I noticed my children were not coping well with the loss and were exhibiting many difficult behaviours. I didn’t know what to do. My youngest daughter had some severe anger issues and my son just wasn’t able to express his feelings. Both appeared to have lost their sense of belonging and self-esteem. Both children attended the 6 week Please Listen program at CMHA. I am so thankful they did so. The program focused on self-esteem building, anger management issues and they learned to talk about feelings. I noticed a change in their behaviours immediately after attending the program. My daughter learned techniques to deal with her anger and my son was ready to share his feelings with me. I felt more grounded and capable of supporting my children through the assistance and guidance of the CMHA. My children and I loved the program, and it has made a huge difference in the lives of my kids! I am glad that The United Way funds these types of programs for children because, without this program I don’t know where I would be right now. My kids are doing well and want to attend another program in the future. I can’t wait for them to do so.”

### **Frontenac - Kingston Council on Aging Oasis Supportive Living Program**

"I am 75 year old tenant living in a Kingston apartment building where volunteers from the Council on Aging have been working with my fellow tenants for the past two years. They have provided information and help so that we can continue to live independently in our own apartment rather than move to a nursing home subsidized by the government. Most of the tenants here are in their 80's and 90's and many no longer drive due to poor eyesight, physical handicaps or financial reasons. Most do not have close relatives to provide assistance in getting groceries or transportation to doctor's appointments, etc. The Personal Support Worker has been exceptionally helpful in providing assistance and guidance. The Council on Aging has arranged speakers to help us in so many areas such as bathroom devices, hearing devices, nutrition, fire safety and so much more. I have participated in the exercise program during the past 3-15 week sessions, and this program has kept us all active. This pilot project has been very beneficial for the seniors in this building.

*\*names have been changed to protect identities*

### **Growing Up Great: All That Kids Can Be**

#### **Boys and Girls Club Outreach Program**

Here are some examples of how your support has made a difference in the lives of Early Years, Children & Families and Youth.

"I am so thankful for the support, I received from the Boys and Girls Club evening outreach program funded by the United Way" says Joanne.\*

"I am a single mother with a very active young man in my life. We attend the Boys and Girls Club outreach program one night a week. I absolutely love my son and the energy that he has however at times I run out of steam between work, school, helping with homework, making supper and bedtime routines. The Boys and Girls Club is a place where he can meet his friends from school and run off a lot of his energy. While he is at the program I take the opportunity to get myself back on track mentally and emotionally so that I can continue to be the best mom I can be to my son. I rely on this program and without it I would struggle as I do not have family or many friends to help support us. Thank you for providing this great opportunity for families within our community."

#### **Food Sharing Project**

Here are some Testimonials from parents and educators:

- "The Food Sharing Project has a positive impact on my students' learning and behavior as well as their overall health."
- "For some students, the Food Sharing program is the best thing that happens in their day."
- "Parents thank us and children look forward to the program, it has been a great success in a remote area."
- "It is a great comfort to know our students will not go hungry."
- "Food is the transition device - it is essential to our program, the students come to trust the school and the staff based on their good relationships and good feelings established in our Food Sharing program."