



it's a team effort

way to go!

Issue # 2

UNITED WAY SERVING KINGSTON, FRONTENAC, LENNOX & ADDINGTON

February 22, 2010

Going Retro

Before you truly start looking forward to Campaign 2010 take one last look in the rear-view mirror and celebrate the success of last year.

Our annual Volunteer Appreciation & Awards night is coming Monday evening, March 29th. We're taking over the Ambassador for one last night of reflection on your 11th straight local fundraising record.

And while we're looking back on another amazing year, we thought we'd go a bit further back in time with a 70s-style evening of dinner, dancing and a few special surprises. Bauder Road will play your favourite classic rock and dance tunes after you have received your awards, and there will be a delicious hot pasta bar to help you fuel up while you're dancing.

So put on your platform shoes and your bell bottoms and get ready for an unforgettable trip down memory lane. Call 613-542-2674 to book your tickets today.

Aging with Passion, Purpose.... And Planning

There's no getting around it: Aging affects us all. And it's a topic we can never know enough about. If you feel the need to know more about aging, join Sun Life at a Symposium on Aging, Tuesday, April 20th, from 6:00 to 9:00 p.m. at the Days Inn, featuring nationally-acclaimed aging consultant Patty Randall. Thanks to the presenting sponsors, Gordons Estate Services and Bayshore Home Health, tickets are just \$10 at the door, with all proceeds going to our United Way. For more information, visit www.PassionPurposePlanning.ca/.

Frankly, Scarlets

RMC's brightest stars are getting set to shine at the annual Concert in Scarlets, coming Saturday, March 20th to the Kingston Gospel Temple on outer Princess Street. It's an afternoon full of music, dancing and fun for the whole family. Tickets are just \$15 for adults and \$10 for students, seniors and children. And just like they do with their Christmas concert, the cadets are turning over all proceeds to the United Way. Pick up your tickets today at the Grand Theatre Box Office, 613-530-2050 or the United Way, 417 Bagot Street.

The Next Step

Now that you've raised all that money, the next step is to invest it. Our Citizens' Review Panel has been spending the last couple of months making sure they invest donor dollars wisely. They've been reviewing funding applications, reviewing research into gaps in services to figure out the best way to take the \$2.93 million that you worked so hard to raise and invest it where it will do the most good in our community.

Our Panel members have been working hard, so we thought we'd take a minute to acknowledge their efforts. Thank you:

- Megan Barnes, Queen's University
- Sara Belanger, Assurant Solutions
- Kerri Brockman, RBC
- Brenda Brown, RBC
- Mike Brunette, TD
- Barbara Caldwell
- Cindy Chappell, Ongwanada
- Lisa Colby, Queen's University
- Sao Connor, RBC
- Jack Cooper, St. Lawrence College
- Jeremy DaCosta, City of Kingston
- Mike Degrace, BMO
- Sheryl Ferguson, Providence Care
- Melissa Gontar, Ministry of Transportation
- Karen Goose, Sysco
- Jordan Hackett, Ministry of Health & Long-Term Care
- Nadia Hnidek, Retail
- Janet Hunter, Providence Care
- Joan Jardin, Limestone District School Board
- Bruce Jeffrey, RBC Dominion Securities
- Sue McDermid, Empire Life
- Laurie Newport, RBC
- Steve Newstead, LDSB
- Alfred O'Rourke, St. Lawrence Place
- Melissa Raby, KFL&A Public Health
- Natalie Sitt, Corrections Canada
- Jennifer Strachan, RCMP
- Bonnie Sweet, Ministry of Training, Colleges & Universities
- Maureen Thompson
- Angie Tingren-Watkins, Providence Care
- Sandra Valente, Queen's University
- Katrina van Laren, Queen's University
- Ashley Weese, Frontenac Arch Biosphere Reserve
- Sandi Wilde, Province of Ontario
- Dianne Wylie, Province of Ontario

The Main Events

Success By 6 Week

With memories of Family Day still fresh in our minds, we thought now would be the perfect time to remind you to make the moments matter with your young children. You'll have lots of opportunity to create new moments during Success By 6 Week, coming Saturday, May 8th to Saturday, May 15th, with free or low-cost family-friendly events throughout KFL&A. We'll have more information over the next couple of months. Our Success By 6 Week committee starts work this month. Thank you, co-chairs Julie Brown and Greg Hinton, Shelley Aylesworth-Spink, Elizabeth Bardon, Jen Cameron, Justin Chenier, Sarah Crosbie, Brian Dodo, Tim Durkin, Mike Dwyre, Jim Elyot, Bonnie Golomb, Kim Hockey, Mary Jane McLachlin, Elizabeth Savill, Karen Sutherland, Angelique Tamblyn, Calvin White, Kelly Wiley, Bhavana Varma, for making a difference in the lives of our youngest residents.

That'll Be the Day

A decade ago, we began rewarding the hardworking social service agencies in our community by treating them to a makeover. And we're getting ready to do it all over again this year. The 10th annual United Way Day of Caring is coming to an agency near you, Friday, June 11th. Our committee is hard at work consulting with agencies and coming up with exciting maintenance and light construction projects for you to tackle. We'll put out the call for workplace teams soon. But in the meantime, we'd like to take a moment to thank our hardworking committee members:

- Michele Finney, Hydro One, Chair
- Rachel Brace, Ongwanada
- Terri Fraser, Hydro One
- Laura Gordon, Intercall
- Maureen Hughson, Ongwanada
- Janet Hunter, Providence Care
- Tammy Keuhn, DuPont Canada
- Karen Mason, Novelis Global Technology Centre
- Al Oliveira, Robinson Solutions
- Angie Tingren-Watkins, Providence Care
- Kim Tufts, Janssen Ortho

Fare Warning

The 17th annual edition of Fare for Friends is still seven months away, but that doesn't mean it's too early to get excited. The region's finest chefs are already claiming their places under the big top, and representatives from the top wineries in Niagara and Prince Edward County are making their travel plans. We hope you'll join us for Fare for Friends 2010, Sunday, September 12th at the Vimy Officers' Mess.

Success Secrets: Start Early

There's a reason that *early* and *easy* are on the same page in most dictionaries. Starting early may seem like more work now, but it almost always makes life easier in the long run.

Although it may seem early to be thinking about your workplace campaign, ECCs who succeed every year are famous for getting off to an early start. They call their United Way staff partner and work closely with them to analyze last year's campaign and learn from their successes. And they invariably realize that the earlier they start planning, the easier their life becomes once the real fun starts in September.

Are you ready to make your life easier this fall? Call your staff partner to arrange your early planning session today.

United Way Family Matters

Last month we told you that a couple of our United Way family members have been expecting new additions to their families. This month we're proud to welcome the newest members of the United Way extended family:

Olivia Rose Wheeler was born at 7:30 a.m., Saturday, February 6th, weighing in at an impressive 8 pounds, 8 ounces. Congratulations to mom and dad, Nicola and Elliott and big sister, Rachael.

The newest member of the United Way family, Araminta Jannette Patricia Munneke, was born at 1:40 p.m. on Saturday, February 13th weighing in at 8 pounds 1 ounce. Congratulations to the proud new parents, Maura Doyle Munneke and Ken Munneke.

United Way serving KFL&A

Invites you to our

"Retro-Style Party" Volunteer Awards & Appreciation

Featuring live music from the 60's, 70's & 80's by

"Bauder Road"

Come celebrate the success of the 2009 campaign with a fun-filled evening full of fabulous food, dancing, great friends, great memories and of course, the awards.

Monday, March 29, 2010

Ambassador Conference Resort –
1550 Princess Street
Doors open at 5:30 p.m.

Tickets \$12 each

Book your tickets or table of 10 today!

For more information or to order your ticket
please call 613-542-2674 or
email uway@unitedwaykfla.ca